## VERYAN PE CURRICULUM Sept '17 - July '18 V3

This document maps out the PE units that are taught throughout the year, although the order of activities may at times change due to facilities and availability.

	AUTUMN 1	AUTUMN 2	SPRING 1	SPRING 2	SUMMER 1	SUMMER 2
Carne Nursery/ EY/Year 1 Monday 9:25- 10:25 (with PE specialist & class teacher) 2nd PE lesson with class teacher when they see fit	Physical Literacy (Run/Jump/Skip/Gallop /Hop/Dodge)	Multi-skills - (Throwing/catching / rolling / dribbling - hands & feet)	<mark>Gymnastics</mark> ARENA SOW - KS1 Gym	<mark>Dance</mark> ARENA SOW - KS1 Dance	Athletics / Sports Day Practice  ARENA SOW - KS1 Athletics	Athletics / Sports Day Practice  ARENA SOW  Striking & fielding skills / Net & Wall skills (3 weeks on each)  ARENA SOW - KS1 S & F ARENA SOW - KS1 Net/Wall
Pendower Years 2 & 3 Monday 10:45- 11:45 (with PE specialist & class teacher) 2nd PE lesson with class teacher when they see fit	Multi-skills through invasion games - (Throwing/catching / rolling / dribbling - hands & feet)  Swimming	Invasion Games - Netball / Hockey Swimming	Dance With Bell Dance Academy (Mondays 2:15-3:15)  Invasion Games (Thursdays)	Invasion Games - Football / Tag Rugby (Mondays 2:15-3:15)  Gymnastics  ARENA SOW / POPE SOW (Thursdays)	Athletics / Sports Day Practice  ARENA SOW	Athletics / Sports Day Practice  ARENA SOW  Striking & Fielding skills - Cricket / Rounders  (T.Hatfield)
Kiberick Years 4, 5 & 6 Monday 1-2pm (with PE specialist & class teacher) 2nd PE lesson with class teacher when they see fit	Sportshall Athletics  Swimming	Invasion Games Netball / Hockey Swimming	Dance With Bell Dance Academy (Mondays 2:15-3:15)  Invasion Games (Tuesdays)	Invasion Games Tuesday AM Football / Tag Rugby  Gymnastics Monday PM ARENA SOW / POPE SOW	Athletics / Sports Day Practice  ARENA SOW	Athletics / Sports Day Practice  ARENA SOW  Striking & Fielding skills - Cricket / Rounders  (T.Hatfield)