



AUTUMN TERM - NEWSLETTER - Issue 05 17th November 2023

Supporting one another in learning and life.  
Compassion, Wisdom, Perseverance

*Head teacher's blog...*

Dear Parents and Carers,

Another week has flown by, and school feels like a very busy place at the moment. There is definitely a 'hum' of activity to be heard in the air! The classes are enjoying their topics and I have been hearing all about the new things they have learned.

Carne Class have already welcomed a visitor from the local community, Sue Truscott, to tell them all about Toys from the past and they are planning and creating a 'Toy Museum' to share with parents at the end of this half term – look out for more details.

Kiberick Class have been learning about Anglo Saxons and have their 'Anglo Saxon Day' planned for Thursday December 7th. They are also planning and creating an 'Anglo Saxon Museum' for parents at the end of this half term – look out for more details about these two events.

Kiberick Class have also been learning the Ukelele over the past 8 weeks and have been absolutely fantastic in picking up a new skill!

We plan to hold a short concert for parents to come and hear them play a few 'numbers' on Monday November 27th at 2.40pm. This will be held in Kiberick Class.

Please see diary dates for all the exciting things we have coming up for the rest of this term.

I hope you have a wonderful weekend.

Best wishes,  
Caroline Jarrett



Building a brighter future together



Supporting one another in learning and life. Compassion, Wisdom, Perseverance

	Monday	Tuesday	Wednesday	Thursday	Friday
Wraparound	3.15 – 4.15 <b>£3.00</b> Snack provided Pick up from playground gate	3.15 – 4.15 <b>£3.00</b> Snack provided Pick up from main school gate	3.15 – 4.15 <b>£3.00</b> Snack provided Pick up from playground gate	3.15 – 4.30 <b>£3.00</b> Snack provided Pick up from playground gate	3.15 – 4.15 <b>£3.00</b> Snack provided Pick up from main school gate
Additional Clubs	3.15 – 4.00 <b>No charge</b> Dodgeball KS2 Mr Webb <b>(no snack)</b> Pick up from playground gate	3.15 – 4:00 <b>£1.00 in cash</b> Y6 club <b>(no snack)</b> Pick up from main school gate	We are in discussion about winter clubs that can replace netball and football until the spring...	If there are any clubs that you would be interested in running please contact the office, thank you.	

### Attendance

Our Attendance Last week;

Carne Class - 94.54%

Kiberick Class - 99%

**TOTAL - 96.77%**

Please ensure reading records are sent in daily.

Many thanks.

### CHRISTMAS FAYRE

Please bring donations of unused toys to be used as prizes for the Christmas fair.

We will have a non-uniform day to collect sweets for the tombola, also. Please see page 4 for more details on how you can help with, thank you.

## DIARY DATES...

- FAMILY WORSHIP EVERY FRIDAY 14:45
- Wrap around daily (payable on ParentPay)
- Various other clubs, please see timetable on page 2

**24/11/23** - Inset day

**27/11/23** - Kiberick class parents invited to a Ukulele performance at 14:40

**04/12/23** - Parent consultations (Booking available from end of next week)

**05/12/23** - Parent consultations (Booking available from end of next week)

**08/12/23** - Open the book during family worship

**06/12/23** - Christmas school lunch (*now bookable on ParentPay, menu on page 6*)

**06/12/23** - Christmas Dodgeball (*if your child is attending this please consent on ParentPay*)

**06/12/23** - Rainbow Choir concert Truro Cathedral (*if your child is attending this please consent on ParentPay*)

*Continued on page 4.....*

## DIARY DATES CONTINUED...

**07/12/23** - Anglo Saxon Day for Kiberick at the Wild Tribe Field

**08/12/23** - Open the book during family worship

**09/12/23** - Veryan Christmas Fair and light turn on

**12/12/23** - Reception and Year 6 measurements (taken by the nursing team)

**15/12/23** - Yr 5 and 6 Woodland valley farm and Wreath making trip (more details on PP soon)

**18/12/23** - Yr 2, 3 and 4 Woodland valley farm and Wreath making trip (more details on PP soon)

**19/12/23** - break up for Christmas, plus end of year celebrations

**04/01/24** - First day of Spring term

### Do you have any Online Safety concerns?

Here are two useful sites to look at for help and tips...

- ◆ Common Sense Media
- ◆ Keeping children safe online | NSPCC

Please do come and speak to a member of staff if you are still concerned and would like any help or advice.

## A message from the PFA...

"We still need volunteers to help with the following, if you can lend a hand at all with any of this in the run up to the day it would be hugely appreciated!

Please state exactly what you can help with if you can help at all as it takes a bit off the administrative load. Also anything you need to buy (table cloths etc) you will be reimbursed for so don't worry about that :)

### Still need help with:

- Table cloths - organising
- Stall signage (though I will check what we already have)
- Name the teddy game - organising the teddy/elf/snowman in question and the names etc
- Picking up and organising floats for each stall.
- Promoting the event - updating the PFA Facebook page, posting and sharing about the event and raffle prizes - this could be done by a couple of people ideally.

We also really need help on the day, including;

- Raffle ticket selling x 2 people as this gets busy
- Raffle caller
- Setting up
- Clearing up
- People to man stalls/ help with refreshments!

The fair usually runs from 3 with the lights going on at 5 and the raffle called after the lights are on so it's usually finished about 5:30.

If you are able to take on any of these jobs to help make this fair as good as possible so we can raise some funds for the school it would be amazing! Thank you!"

A BIG

# THANK YOU

for supporting our Foodbank this Harvest



**Veryan Church Of England Primary School**

**Your donation makes a BIG difference  
to local people in crisis.**

Bodmin, Camelford & Wadebridge Foodbank — Registered Charity Number: 1166301 | Registered in England and Wales

# Merry Christmas

## **MAINS**

Roast Turkey

OR

Roasted Vegetable & Cranberry Slice

## **SIDES**

Roast Potatoes

Pigs in Blankets

Stuffing & Gravy

Carrots & Peas

## **DESSERT**

Festive Shortbread Biscuit  
with Fruit Slices

# Learning with Carne...

We loved talking to Mrs Truscott about toys from the past.



We practice writing our letters everyday and we are getting really good at them now! You may even have heard your child use the word ominous!?



We have enjoyed being scientists investigating absorbent materials this week. We learned new scientific vocabulary including capillary action and saturated!



# Learning with Kiberick

Kiberick had an exciting start to the week this week, as they welcomed Christina and Gary from Pengelly Garden Centre to launch our work with them, which will be continuing throughout the year. In the session, they completed a seed sorting activity, learnt about the things that plants need (nitrogen, potassium and phosphorus), made model composters that we will be monitoring weekly, planted bulbs to observe at home and started a little secret surprise for Christmas. Kiberick also enjoyed creating Anglo Saxon brooches out of clay and using a computer program to make themselves into Anglo Saxons, to demonstrate their knowledge of Anglo Saxon beliefs, this will be available to view at our Anglo Saxon museum! Mrs Bull was particularly impressed with Kiberick's tag rugby skills this week, where we had a mini game and everyone showed what they have learnt over the term so far.





# Santa Bear's Picnic



Thursday 7th December  
and

Thursday 14th December

4pm - 6.30pm  
£18.00 per child

Join us for an afternoon picnic tea with Santa Bear 🧸 at our magical Christmas event.

Meet Father Christmas, get creative at the craft tables 🎨, rustle up some reindeer food for Rudolph & his friends. Have fun at the snow table, play festive games 🎮, and listen to enchanting storytelling in our woodland dome 🏠. Don't miss out, book your tickets at <https://www.tickettailor.com/events/pengellygardencentre/1050648>



Late Night Shopping  
At Pengelly

Thursday 16th November  
5pm - 8.30pm

Why not make a start to your Christmas list & join us for a festive evening of late night shopping. Grab a mince pie & cup of hot, mulled apple juice & wander through our magical Christmas tunnel where there is an assortment of gifts & decorations to tempt you & we're giving you 10% off everything in there for the evening. Other special offers for the night include, 25% off selected pots, Christmas lights & giftware. We also have 50% off remaining water features & garden furniture & some fabulous egg chair specials.

See you there!



Sponsored by:  
**polymermedics**

Santa Bears Picnic 2.jpg

 children's hospice  
**SOUTH WEST**

Sign up  
today and  
save 30%

## Santas on the Run

eden project

Walk, jog or run 2k at the Eden Project  
on Sunday 3 December 2023

Sign up today [www.chsw.org.uk/santas](http://www.chsw.org.uk/santas)



The  
**Rainbow**  
Multi  
Academy  
Trust

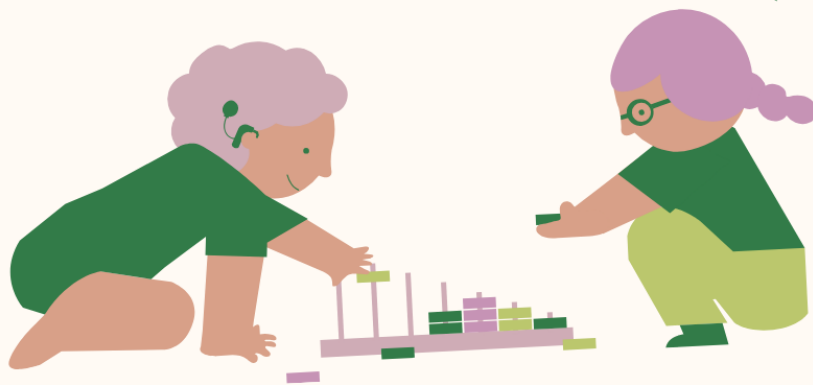
Building a brighter future together

You're invited to join

# STAY AND PLAY

At Veryan Parish Hall on Friday  
mornings from 10:30-11:45

PARENTS ,CARERS  
AND CHILDREN AGED  
0-3 WELCOME



**Things to note:**  
Keep an eye on the school  
facebook page for updates and  
changes.

Enjoy a range of fun activities  
Please BYO snacks  
Water, tea and coffee is  
available for all

## WHY STAY AND PLAY WITH US?

Meet other parents and carers  
in your community. Get to know  
staff from school and give your  
children the opportunity to  
make friends and learn social  
skills in a safe nurturing  
environment.

[WWW.VERYANSCHOOL.CO.UK](http://WWW.VERYANSCHOOL.CO.UK)



SUPPORTING ONE ANOTHER IN LEARNING AND LIFE

# Why is Year 6 being weighed and measured?

The school nursing team is visiting Year 6!

We are going to measure the weight and height of Year 6 pupils as part of our work to help keep the nation healthy.

## What will happen?

- You will be measured one at a time in private.
- All you need to do is take your shoes off – it will be really quick!
- Only your parents or carers will see the results – not your teachers or friends.

## Did you know?

- Children are weighed and measured when they are babies, and again in Reception and Year 6.
- It helps the government see how healthy the nation is, and plan health and leisure services for children.
- It's a good chance to check how you're developing and think about ways you can become healthier.

## Top tips for a healthier you

Everyone can find ways to be healthier – what can you do today?

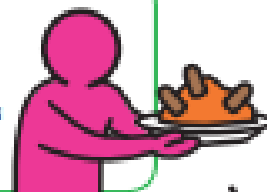
### 1. 5 a day

Try to eat five portions and a variety of fruit and veg every day.



### 2. cut back fat

Try and keep foods like crisps, buses, cakes, pastries and biscuits as occasional treats only.



### 3. watch the salt

Check the label and choose foods lower in salt and try not to add salt to your food.



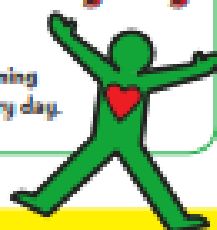
### 4. sugar swaps

Swap sugary drinks for water, lower-fat milks, no-added-sugar or sugar-free drinks.



### 5. get going every day

Spend at least 60 minutes walking, playing sport, running around or being active every day.



### 6. me size meals

Children need smaller portions than grown ups. Start with a smaller amount of food on your plate, then ask for more if you are still hungry.

Search [Change4Life](#)

change  
4 life

Eat well Move more Live longer

# Preloved Uniform

Preloved and affordable Verryan School uniform now available, please check it out. We will continue to collect items that are no longer required to make them available to others that could use them, I can collect these in the office. Any money made from the sales will go towards projects or trips for the children.

**ANY ORDERS MADE FOR UNIFORM WILL BE AVAILABLE FOR COLLECTION ON MONDAY 4TH SEPTEMBER AT THE SCHOOL AT 10AM, WASHED AND READY TO WEAR.**



PRE-LOVED  
SCHOOL UNIFORM  
AVAILABLE NOW!

[www.uniformd.co.uk](http://www.uniformd.co.uk)

To order: visit [uniformd.co.uk](http://uniformd.co.uk),  
enter Verryan School in the search bar  
we will contact you to let you know when it is  
available to collect.

Funds raised will go directly to Verryan School

**We are still accepting donations!  
Keep them coming!**



# FOOTBALL SATURDAY MORNINGS

## WHEN

**9am-10am Reception Class/Yr1**  
**9am-10:30am Years 2-7**



## WHERE

**Probus School**


## DETAILS

**All abilities welcome**  
**Qualified FA coaches**  
**No need to book**

## BRING

**Football boots AND trainers**  
**Suitable clothing**  
**Shin pads**  
**Drink**

**NO NEED TO BOOK, JUST TURN UP READY TO PLAY!**

 **@probusyouthfootballclub**

## EACH SATURDAY

**In association with Probus  
Youth Football Club**

## AGES

**Reception to Yr 7**

## PRICE

**Reception/Yr1 £4**  
**Yr2- Yr7 £5**

## COACHES

**Steve Flack**  
**Will Ferguson**  
**Other PYFC coaches**

## FUN...

**Outdoor football skills,  
drills and matches with  
experienced coaches**



## Free School Meals

If you think you may be eligible for Free School Meals the criteria and link you will need to follow are below. Not only would your child receive free meals but this enables the school to access additional funding. If you would apply by post please contact the office for a paper application form.

### Free school meals eligibility criteria if you receive benefits

A child is eligible for free school meals if their parent/carer (or the child themselves) receives any of the following benefits:

Universal Credit (provided you have an annual net earned income of no more than £7,400, as assessed by earnings from up to three of your most recent assessment periods).

Income Support (IS)

Job Seekers' Allowance (Income-Based) and equal based Job Seekers Allowance

Income Related Employment and Support Allowance (ESA-IR) and equal based Employment and Support Allowance

Child Tax Credit (CTC) with an annual income of less than £16,190

Working Tax Credit run-on - paid for 4 weeks after you stop qualifying for Working Tax Credit

Guarantee Element of Pension Credit (GPC)

Immigration and Asylum Act 1999 (IAA) Supports

If you are claiming the benefits listed below you are not eligible for free school meals. This is regardless of what other benefits/credits are being claimed.

Working Tax Credit

Contribution-Based Job Seeker's Allowance and/or Contribution-Based Employment and Support Allowance

### Link to Cornwall Council Website for Free School Meals

<https://www.cornwall.gov.uk/schools-and-education/schools-and-colleges/school-meals/apply-for-free-school-meals-and-pupil-premium/>

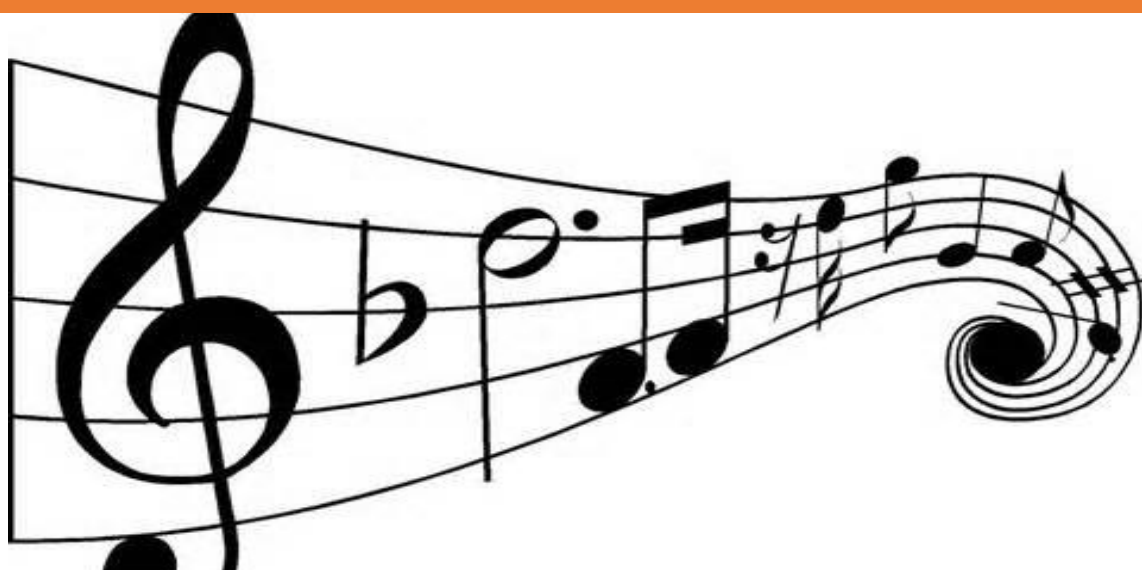
## Cornwall Music Trust...

Cornwall Music Trust's "very experienced guitar and piano specialist - Allan Fouracre" will be taking on new pupils.

If a child is interested in joining this please book through Cornwall Music Trust, <https://cmst.co.uk/>

Those in receipt of Pupil premium are entitled to some free music lessons.

*crusty*



## OUR MISSION IN MUSIC

By enabling students of all generations, backgrounds and communities to enjoy a life including music making and participation, we seek to grow and support the health of a musical community for now and for the future.

### It all started when...

In 2015 Cornwall Council chose to dissolve the county ran music service, Music Cornwall. In reaction to this a large group of music teachers banded together, under the leadership of Gareth Churcher, to create CMST and continue the tradition of music teaching throughout Cornwall. Since that point we have been providing music lessons, ensembles, classroom support and music therapy throughout the county. CMST is the largest charitable organisation delivering music lessons in Cornwall and pride ourselves in providing the best service for young musicians available!