**Yum yum in my tum! Food and shopping!**

**Week 4**

Art and DT:: Create a potato head character.

Learn about the famous Artist Arcimboldo (see powerpoint)

**Music:** Learn songs and rhymes:

Oats and beans and Barley grow

Orange and lemons

<https://www.nurseryrhymes.org/food.html>

**Maths and ICT:** All ages: play counting games – 1 potato 2 potato…

Plant an edible plant (beans are the easiest to grow or radishes or cress is faster but harder to measure ) begin keeping a diary, measuring growth.

Make repeating patterns using vegetable printing.

Look at the times of the day- when do we eat and what sort of foods do we eat at different times of day?

Cut up fruit with an adult. Identify halves and quarters of fruits and vegetables- Year 1 extend using pizza or cake- 8ths/16ths

Year 1

Identify the symbols on food packages for grams, kilograms litre and millilitre

Look at an online shopping site. How much can you buy for £5. Use the basket to experiment and see what you could buy.

Shopping for healthy and unhealthy- spend the same amount of money on buying each food up to £1 on each). Which can get more of. How much change did you get?

Using the lists from literacy can you make a graph of most popular foods?

**Geography:**

Where do your favourite foods come from? Your favourite fruit, vegetable, favourite carbohydrate e.t.c?Identify types of shops- green grocer, butchers, supermarket, village store.

**History:**

What were shops like long ago? J.Sainsbury write 3 sentences about what you find out or talk about it with an adult <http://sainsburys.lgfl.org.uk/exploreframeset.htm>

Find out how long Mac Donald’s has been around. Write 1 or 2 sentences about what you find out

**Science:**

Find out about different food groups (see powerpoint- or if you’re feeling brave…<https://www.youtube.com/watch?v=vmzJfTlA8nU>

Also other helpful resources can be found here <https://www.choosemyplate.gov/browse-by-audience/view-all-audiences/children/kids>

**Literacy:** Looking at sequencing and familiar language. Listen to the story of The Giant Jam Sandwich. Answer comprehension questions (see resource provided.)

<https://www.youtube.com/watch?v=2-HjO3P_IXs>

Make lists: A list of healthy foods, Treat Foods, Foods Our Parents/ Grandparents like, My Favourite Foods list ( YR and Nursery: adult scribe or child write initial sounds and uses phonics depending on ability, Y1 write lists independently using a title, numbers or bullet points and organising each item underneath the last).

Write the shopping list for your family- help with the shopping collecting the things on the list. Look at the receipt- can you check everything is in the bag using the receipts when you get home?

Nursery/ Reception: cut out and stick pictures of favourite foods from magazines

Make a healthy eating poster to tell people why they should eat healthy food. – Y1: Look at elements of a good poster (See power point for teaching tips) eg: A bold title, images, slogans (eat better, feel better).

Write instructions on how to make your favourite sandwich (adult scribe or co write with younger children- Y1 independent with support with phonics where needed)… then make it and EAT IT! Yum!!