



Spring TERM - NEWSLETTER - Issue 12 05th March 2024

Supporting one another in learning and life.
Compassion, Wisdom, Perseverance

Head teacher's blog...

Dear Parents and Carers,

The new half term has already started well with the children settling back in quickly and getting going with their new units of learning.

As well as their own class topics, both Carne and Kiberick are involved in a Gardening project generously supported by Pengelly Garden Centre. The children will be growing flowers and vegetables around the school; starting off in classrooms, in their own outside spaces and also in our designated gardening area in the main playground.

We also plan to have a plant sale in the summer term where parents can buy some carefully grown flowers to help fund the project.

Continued on page 2...



Building a brighter future together



The school council suggested and are involved in a plan to improve and upgrade our gardening area and we already have plans afoot to enlarge the planting capacity by creating another large planting bed. This is going to be made possible by the fantastic support of a few parents who have generously offered their time and resources. The children will also be deciding which further items are needed to finalise the upgrade and the PFA have kindly offered to help with funding this.

All we now need is some lovely, warm, dry weather so we can get outside and get the area looking beautiful! As well as this project there are various other exciting things to look forward to this half term; please check the diary for more details.

*With best wishes for a relaxing and restful weekend,
Caroline Jarrett*

Healthy Snacks...

We have noticed that less healthy snacks are beginning to creep in again. Please be mindful of the types of foods that your children bring in to school. Snack time should be something healthy, fruit is available, but is limited, therefor will go to those entitled to free school meals first..

Many thanks



Supporting one another in learning and life. Compassion, Wisdom, Perseverance

	Monday	Tuesday	Wednesday	Thursday	Friday
Wraparound	15.15 – 16.15 £3.00 Snack provided Pick up from top gate	15.15 – 16.15 £3.00 Snack provided Pick up from top gate	15.15 – 16.15 £3.00 Snack provided Pick up from top gate	15.15 – 16.15 £3.00 Snack provided Pick up from top gate	15.15 – 16.15 £3.00 Snack provided Pick up from top gate
Additional Clubs	15.15 – 16.00 No charge Sports Club for all Mr Webb (no snack) Pick up from top gate	15.15 – 16.30 No charge Y6 SATS Booster club (no snack) Pick up from top gate	15.15 – 16.15 £1.00 in cash Y6 club (no snack) Pick up from top gate	15.15 – 16.15 No charge Mrs Prisk's Art and crafts club (no snack) Pick up from top gate	

Attendance

Our Attendance Last week;

Carne Class - 100%

Kiberick Class - 95%

TOTAL - 97.5%

Please ensure reading records are signed, and sent in daily.

Many thanks.

DIARY DATES...

- FAMILY WORSHIP EVERY FRIDAY 14:45
- Wrap around daily (payable on ParentPay)
 - Clubs (see page 2)
- 06/03/24 Reception and Y6 height and Weight measurement (contact office to opt out)
- 07/03/24 - World Book Day, invited to dress as a character from a book, and bring the book
- 08/03/24 - F.Douglas Wren speaking in Family Worship
- 11/03/24 - Some of Kiberick performing at a 'Spoken Word' Festival in Truro
- 15/03/24 - **RED NOSE DAY**, invited to wear red for a donation
- 18/03/24 - NEW DATE Y5 and Y6 BMX trip (details to come on PP consent)
- 19/03/24 - Bikeability Y5 & Y6 all day
- 21/03/24 - Bikeability, completing for those who didn't finish on the 19th
- 22/03/24 - 'Open the book' during family worship

DIARY DATES...

- FAMILY WORSHIP EVERY FRIDAY 14:45
- Wrap around daily (payable on ParentPay)
 - Clubs (see page 2)

Continued...

- 20/03/24 - F. Douglas Wren leading collective worship in school (pupils only)
 - 27/03/24 - NEW DATE- Funfest Roseland Festivals, Carne class only, morning only (as the new date now clashes with our Easter Eucharist) more details to follow
- 27/03/24 - EASTER EUCHARIST in church at 14:15, all welcome
- 28/03/24 - Last day of term
- 29/03/24 - Good Friday, No School
- 15/04/24 - First day back
- 30/04/24 - Sailing, week one, yrs 4 and 5, more details to follow

Learning with Carne Class...

Thinking about nutrition and what living things need to stay alive while strengthening our hand muscles by cutting up vegetables..

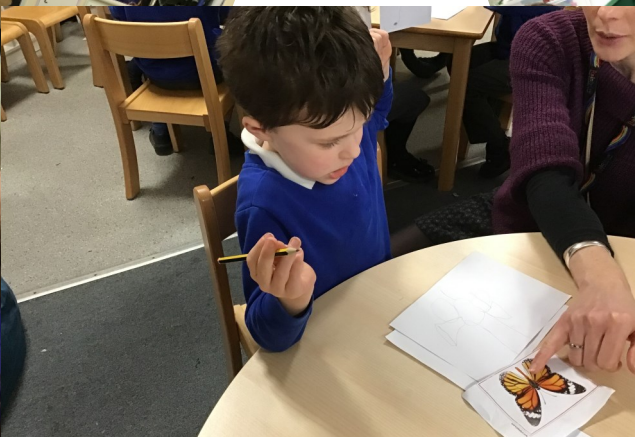
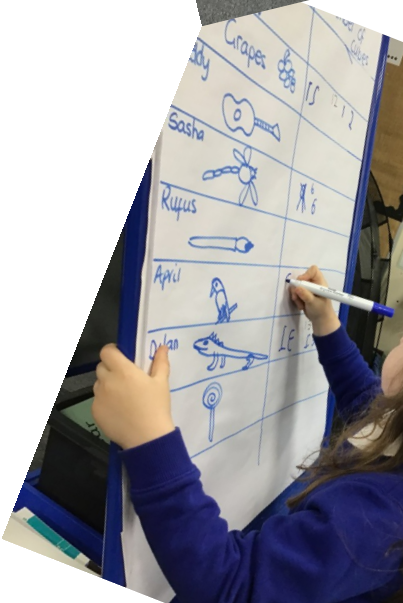


We absolutely loved preparing for our space adventure with you all. Making space cakes to eat and presenting what we have learned to you. Thank you for coming, it was out of this world!



Learning with Carne Class...

In maths we have been measuring using cubes, comparing sizes and ordering numbers as well as halving, doubling and distinguishing between greater and fewer.



In art we have been learning how to do observational drawings of animals from the UK and will be continuing to practice our skills inspired by the animal kingdom this term.



Learning with Kiberick...

This term in geography Kiberick are learning about mapping and noticing human and physical features in the environment. To launch this, we went for a walk around the local area and had a go at creating sketch maps of the school and its surrounding area. Following this, we have been learning skills which will enable us to create more detailed maps in the coming weeks. We learnt how to follow 8 point compass directions, how to use grid references, up to six figures and what symbols are recognized and used by ordinance survey maps. Additionally, we have begun our new RE questions – What do Christians believe Jesus did to save people? – we looked at the Easter story closely and created drama or art to represent each part.



We had Pengelley Garden Centre in, to continue with our project to develop and update our gardening space. They worked with Carne Class first who learned how to sprout seeds and about the nutrients within microgreens. They each planted microgreens and then some peas which will go together to form a climbing trellis.

Kiberick were next and they learned about vegetable families and played a game of 'guess my vegetable'. They created a plan for a vegetable plot in our gardening area using the 'square foot gardening' principle. Then the children planted a large selection of seeds in readiness for transferring to our gardening plot after Easter.

We are all so excited to see our garden developing!





WE ARE RECRUITING

Veryan C of E Primary School

**To apply or request further details please call
or email Kelly Teasdale**

07889 535188

Kelly.Teasdale@churchillservices.com

Company Benefits

- **Staff Recognition Awards**
- **Company Lottery**

Right thing.

0845 345 1576
churchillservices.com

Registered Office: Unit 1, 40 Coldharbour Lane, Harpenden, Hertfordshire AL5 4UN.
Name of Churchill Contract Services Limited, Company Registration No: 3762020 in England & Wales;
Churchill Contract Services (Solutions) Limited, Company Registration No: 7317266 in England & Wales;
Churchill Contract Services (Facilities) Limited, Company Registration No: 5455787 in England & Wales; and
Churchill Contract Services (Cleaning) Limited (trading as Radish), Company Registration No: 5168372 in England & Wales.



CCS-F-06 v1 June 2019

You're invited to join

STAY AND PLAY

At Veryan Parish Hall on Friday
mornings from 10:30-11:45

PARENTS ,CARERS
AND CHILDREN AGED
0-3 WELCOME



Things to note:
Keep an eye on the school
facebook page for updates and
changes.

Enjoy a range of fun activities
Please BYO snacks
Water, tea and coffee is
available for all

WHY STAY AND PLAY WITH US?

Meet other parents and carers
in your community. Get to know
staff from school and give your
children the opportunity to
make friends and learn social
skills in a safe nurturing
environment.

WWW.VERYANSCHOOL.CO.UK



SUPPORTING ONE ANOTHER IN LEARNING AND LIFE

ONLINE SUPPORT HUB

youngpeoplecornwall.org
Weekdays 3:30-5:30pm

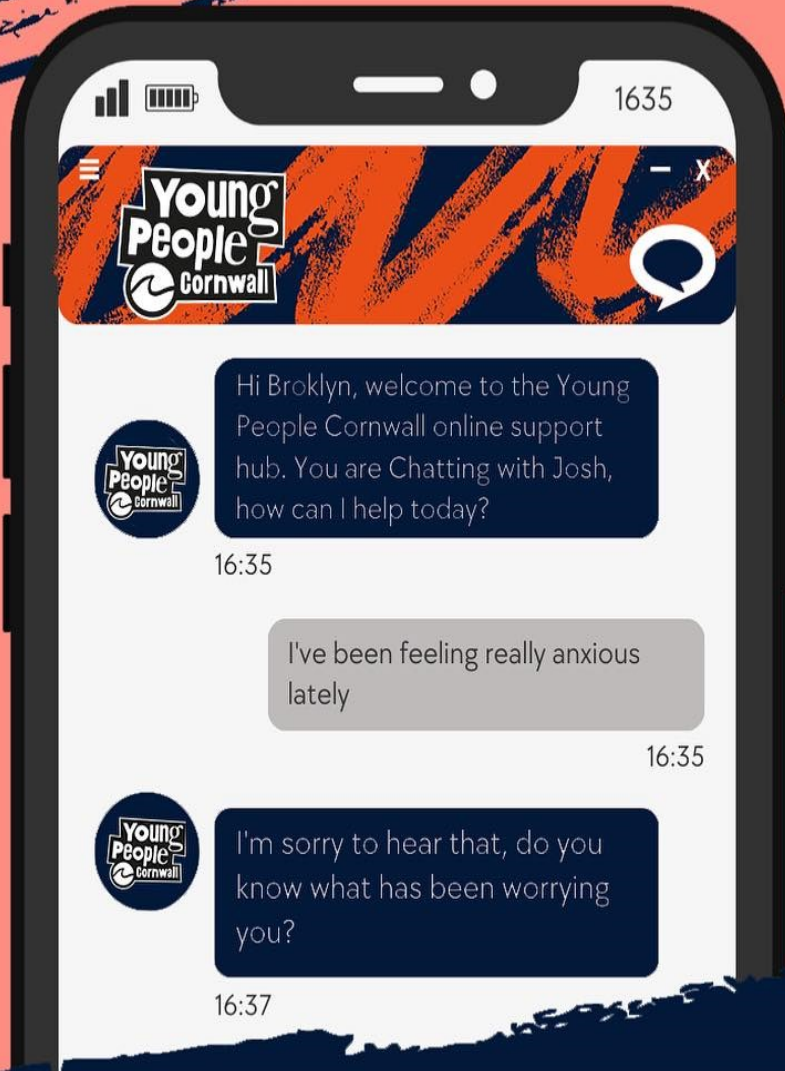
LOOK OUT FOR THESE ICONS ON
OUR WEBSITE



MEANS WE'RE ONLINE AND
AVAILABLE TO CHAT



MEANS WE'RE OFFLINE BUT
YOU CAN LEAVE US A
MESSAGE



**A SAFE SPACE FOR YOUNG PEOPLE WHO ARE FEELING DOWN AND/OR
STRUGGLING WITH THEIR EMOTIONS**

- OPEN ACCESS DROP IN SESSIONS FOR AGES 11 TO 25
- TRAINED YOUTH AND MENTAL HEALTH WORKERS
- ADVICE AND GUIDANCE
- SUPPORT TO ACCESS OTHER SERVICES
- ONLINE SUPPORT HUB WEEKDAYS 3:30-5:30PM

CONTACT: 01872 222447 | 07741198551
[TERRIE.PERKINS@YPC.ORG.UK](mailto:terrie.perkins@ypc.org.uk)

DROP-IN SUPPORT HUB

HUB TIMETABLE

AREA	DAY/TIME	ADDRESS
Penzance	Mondays 3:30-5:30pm	Lescudjack Centre, Penzance, TR18 3PE
Helston	Thursdays 4-6pm	6 Meneage St, Helston, TR13 8AB
Redruth	Tuesdays 3:30-5:30pm	Hideaway 77, Redruth, TR15 2BL
Truro	Wednesdays 3:30-5:30pm Fridays 3:30-5:30pm	Zebs, The Leats, TR1 3AG
St Austell	Mondays 3:30-5:30pm Thursdays 3:30-5:30pm	The House, St Austell, PL25 4DB
Newquay	Wednesdays 3:30-5:30pm	Newquay, Youth Centre, TR7 2RG
Liskeard	Wednesdays 3:30-5:30pm	Liskerrett Centre, Liskeard, PL14 4AP
Online	Weekdays 3:30-5:30pm	youngpeoplecornwall.org

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Funded by
UK Government



ChatHealth
Cornwall and the Isles of Scilly

ChatHealth Parent Line 5-19

School Nursing messaging service for parents and carers of children and young people 5-19 years in Cornwall and Isles of Scilly

TEXT



07312 263 499



Get
confidential
health and
wellbeing advice
and support



Scan me



Together
for Families



Council of the
ISLES OF SCILLY

www.cornwall.gov.uk/chathealth

To read our full privacy notice please visit www.cornwall.gov.uk/tffprivacynotice

We might inform someone if we were concerned about your safety but we would usually speak to you first. Messages are stored and can be seen by other health care staff who follow the same confidentiality rules. We aim to reply within 48 hours and you should get an immediate reply to confirm we have received your text. **Texts will not be seen outside working hours.** If you need help before you hear back from us contact your GP, nearest walk-in centre or dial 111. Our text number does not receive voice calls or MMS picture messages. We support messaging from UK mobile numbers only (not including messages from landlines, international numbers and some mobile apps). To prevent Chat Health from sending messages to you, text STOP to our number. Messages charged at your usual rates.



Parent/Carer Autism Online Workshops

Whether your child is awaiting a diagnosis or has already been diagnosed, these workshops are a great opportunity to learn more about Autism & ask questions within a supportive group of other parents & carers.

- **Week 1 - An introduction to Autism**

An opportunity to explore what Autism is, the many strengths and the differences that make each child so wonderfully unique.

- **Week 2 - Communication**

Identifying what communication is and the different communication methods that may be helpful for Autistic children.

- **Week 3 - Sensory Processing**

Explaining the 8 sensory systems, how the environment can impact on a child with sensory processing differences/challenges and strategies to meet an individual's sensory needs.

- **Week 4 - Pathological Demand Avoidance**

A look into the interesting subject of PDA, how this may present and what is the best approach to take to avoid conflict.

Workshops will be held on a Monday evening from 7:30-8:30pm via Zoom.

You can benefit from all 4 workshops for just £100 and you will receive a certificate of attendance after the final workshop.

We are only running the 4-week programme in February, March and April.

To book your place... Email enquiries@theautismtrainingnetwork.com with the month you would like to attend, and you will be sent the link to book on.



Why is Year 6 being weighed and measured?

The school nursing team is visiting Year 6!

We are going to measure the weight and height of Year 6 pupils as part of our work to help keep the nation healthy.

Did you know?

- Children are weighed and measured when they are babies, and again in Reception and Year 6.
- It helps the government see how healthy the nation is, and plan health and leisure services for children.
- It's a good chance to check how you're developing and think about ways you can become healthier.

What will happen?

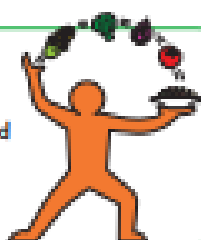
- You will be measured one at a time in private.
- All you need to do is take your shoes off – it will be really quick!
- Only your parents or carers will see the results – not your teachers or friends.

Top tips for a healthier you

Everyone can find ways to be healthier – what can you do today?

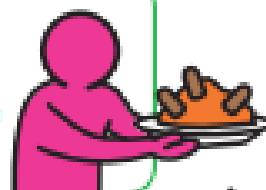
1. 5 a day

Try to eat five portions and a variety of fruit and veg every day.



2. cut back fat

Try and keep foods like crisps, buns, cakes, pastries and biscuits as occasional treats only.



3. watch the salt

Check the label and choose foods lower in salt and try not to add salt to your food.



4. sugar swaps

Swap sugary drinks for water, lower-fat milks, no-added-sugar or sugar-free drinks.



5. get going every day

Spend at least 60 minutes walking, playing sport, running around or being active every day.



6. me size meals

Children need smaller portions than grown ups. Start with a smaller amount of food on your plate, then ask for more if you are still hungry.

Search Change4Life

change
4 life
Eat well Move more Live longer

Preloved Uniform

Preloved and affordable Verryan School uniform now available, please check it out. We will continue to collect items that are no longer required to make them available to others that could use them, I can collect these in the office. Any money made from the sales will go towards projects or trips for the children.

ANY ORDERS MADE FOR UNIFORM WILL BE AVAILABLE FOR COLLECTION ON MONDAY 4TH SEPTEMBER AT THE SCHOOL AT 10AM, WASHED AND READY TO WEAR.



PRE-LOVED
SCHOOL UNIFORM
AVAILABLE NOW!

www.uniformd.co.uk

To order: visit uniformd.co.uk,
enter Verryan School in the search bar
we will contact you to let you know when it is
available to collect.

Funds raised will go directly to Verryan School

We are still accepting donations!
Keep them coming!



FOOTBALL SATURDAY MORNINGS

WHEN

9am-10am Reception Class/Yr1
9am-10:30am Years 2-7



WHERE

Probus School


DETAILS

All abilities welcome
Qualified FA coaches
No need to book

BRING

Football boots AND trainers
Suitable clothing
Shin pads
Drink

NO NEED TO BOOK, JUST TURN UP READY TO PLAY!

 **@probusyouthfootballclub**

EACH SATURDAY

**In association with Probus
Youth Football Club**

AGES

Reception to Yr 7

PRICE

Reception/Yr1 £4
Yr2- Yr7 £5

COACHES

Steve Flack
Will Ferguson
Other PYFC coaches

FUN...

**Outdoor football skills,
drills and matches with
experienced coaches**



Free School Meals

If you think you may be eligible for Free School Meals the criteria and link you will need to follow are below. Not only would your child receive free meals but this enables the school to access additional funding. If you would apply by post please contact the office for a paper application form.

Free school meals eligibility criteria if you receive benefits

A child is eligible for free school meals if their parent/carer (or the child themselves) receives any of the following benefits:

Universal Credit (provided you have an annual net earned income of no more than £7,400, as assessed by earnings from up to three of your most recent assessment periods).

Income Support (IS)

Job Seekers' Allowance (Income-Based) and equal based Job Seekers Allowance

Income Related Employment and Support Allowance (ESA-IR) and equal based Employment and Support Allowance

Child Tax Credit (CTC) with an annual income of less than £16,190

Working Tax Credit run-on - paid for 4 weeks after you stop qualifying for Working Tax Credit

Guarantee Element of Pension Credit (GPC)

Immigration and Asylum Act 1999 (IAA) Supports

If you are claiming the benefits listed below you are not eligible for free school meals. This is regardless of what other benefits/credits are being claimed.

Working Tax Credit

Contribution-Based Job Seeker's Allowance and/or Contribution-Based Employment and Support Allowance

Link to Cornwall Council Website for Free School Meals

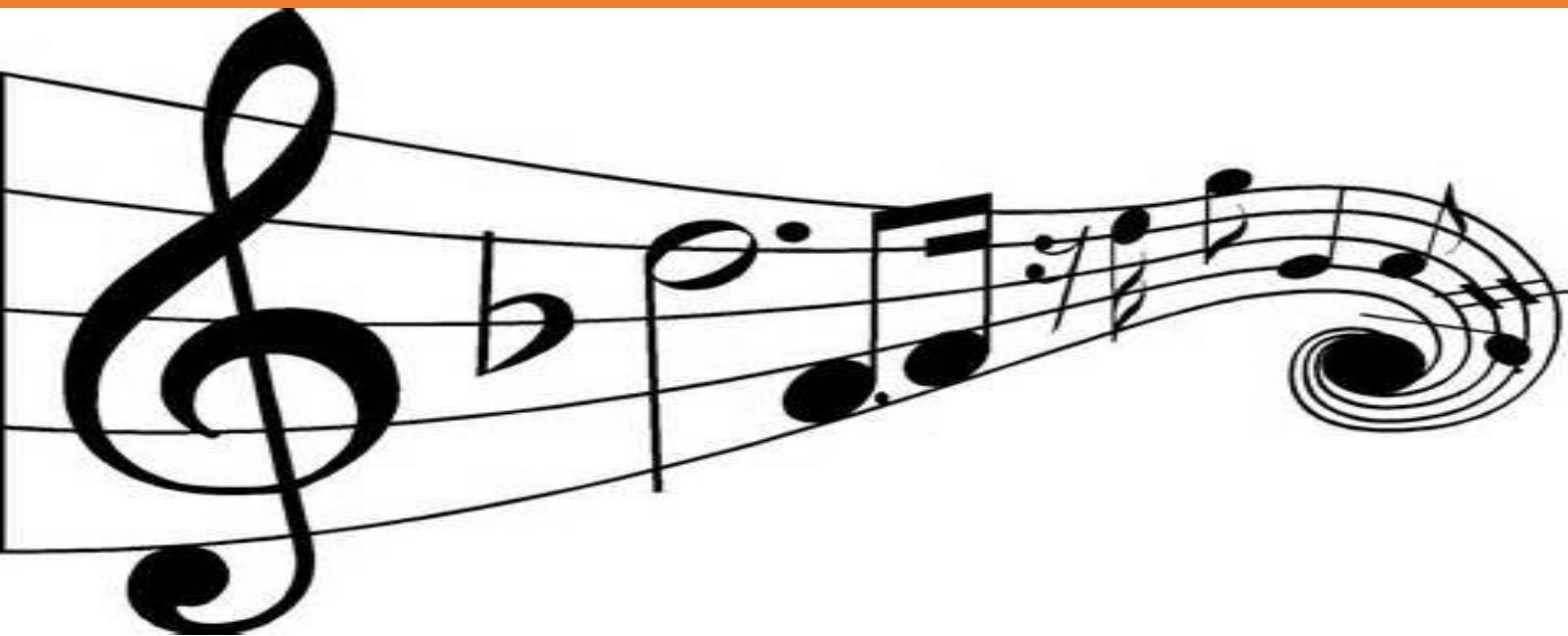
<https://www.cornwall.gov.uk/schools-and-education/schools-and-colleges/school-meals/apply-for-free-school-meals-and-pupil-premium/>

Cornwall Music Trust...

Cornwall Music Trust's "very experienced guitar and piano specialist - Allan Fouracre" will be taking on new pupils.

If a child is interested in joining this please book through Cornwall Music Trust, <https://cmst.co.uk/>

Those in receipt of Pupil premium are entitled to some free music lessons.



OUR MISSION IN MUSIC

By enabling students of all generations, backgrounds and communities to enjoy a life including music making and participation, we seek to grow and support the health of a musical community for now and for the future.

It all started when...

In 2015 Cornwall Council chose to dissolve the county ran music service, Music Cornwall. In reaction to this a large group of music teachers banded together, under the leadership of Gareth Churcher, to create CMST and continue the tradition of music teaching throughout Cornwall. Since that point we have been providing music lessons, ensembles, classroom support and music therapy throughout the county. CMST is the largest charitable organisation delivering music lessons in Cornwall and pride ourselves in providing the best service for young musicians available!