PE CURRICULUM for Sept ’20 – July ’21 – Veryan C of E school

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| --- | --- | --- | --- | --- | --- | --- |
|  | AUTUMN 1 | AUTUMN 2 | SPRING 1 | SPRING 2 | SUMMER 1 | SUMMER 2 |
| CARNEEYFS and YR1 | [Autumn Topic](https://celticcrosseducation.sharepoint.com/sites/penetwork/Shared%20Documents/Forms/AllItems.aspx?viewid=d4742b29%2D152d%2D4c2a%2Da5d8%2Df930dff7a3bf&id=%2Fsites%2Fpenetwork%2FShared%20Documents%2FThe%20Power%20of%20P%2EE%20%27Complete%27%20SoW%20%26%20Assessment%20Package%2FEYFS)[(Power of PE SOW)](https://celticcrosseducation.sharepoint.com/sites/penetwork/Shared%20Documents/Forms/AllItems.aspx?viewid=d4742b29%2D152d%2D4c2a%2Da5d8%2Df930dff7a3bf&id=%2Fsites%2Fpenetwork%2FShared%20Documents%2FThe%20Power%20of%20P%2EE%20%27Complete%27%20SoW%20%26%20Assessment%20Package%2FEYFS)FUNdamental skills | [Gymnastics](https://celticcrosseducation.sharepoint.com/sites/penetwork/Shared%20Documents/Forms/AllItems.aspx?viewid=d4742b29%2D152d%2D4c2a%2Da5d8%2Df930dff7a3bf&id=%2Fsites%2Fpenetwork%2FShared%20Documents%2FArena%5FEYFS%5FSOW%2FGym%20PDF%2FGym%20PDF)[(ARENA SOW)](https://celticcrosseducation.sharepoint.com/sites/penetwork/Shared%20Documents/Forms/AllItems.aspx?viewid=d4742b29%2D152d%2D4c2a%2Da5d8%2Df930dff7a3bf&id=%2Fsites%2Fpenetwork%2FShared%20Documents%2FArena%5FEYFS%5FSOW%2FGym%20PDF%2FGym%20PDF)Movement Skills [Superheroes Topic](https://celticcrosseducation.sharepoint.com/%3Ap%3A/r/sites/penetwork/_layouts/15/Doc.aspx?sourcedoc=%7BE247A293-BA1D-421D-9B00-A7255F9A88F3%7D&file=Superheroes%20EYFS%20SoW.pptx&action=edit&mobileredirect=true)[(Power of PE SOW)](https://celticcrosseducation.sharepoint.com/%3Ap%3A/r/sites/penetwork/_layouts/15/Doc.aspx?sourcedoc=%7BE247A293-BA1D-421D-9B00-A7255F9A88F3%7D&file=Superheroes%20EYFS%20SoW.pptx&action=edit&mobileredirect=true) Movement SkillsFUNdamentals | [Physical Literacy (Equipment)](https://celticcrosseducation.sharepoint.com/sites/penetwork/Shared%20Documents/Forms/AllItems.aspx?viewid=d4742b29%2D152d%2D4c2a%2Da5d8%2Df930dff7a3bf&id=%2Fsites%2Fpenetwork%2FShared%20Documents%2FKS1%20Physical%20Literacy%2FKS%201%20%2D%20Equipment)[(SJL SOW)](https://celticcrosseducation.sharepoint.com/sites/penetwork/Shared%20Documents/Forms/AllItems.aspx?viewid=d4742b29%2D152d%2D4c2a%2Da5d8%2Df930dff7a3bf&id=%2Fsites%2Fpenetwork%2FShared%20Documents%2FKS1%20Physical%20Literacy%2FKS%201%20%2D%20Equipment)(Adapted for eyfs) | LOCKDOWN PE SESSIONS ONLINE | [Dance](https://celticcrosseducation.sharepoint.com/sites/penetwork/Shared%20Documents/Forms/AllItems.aspx?viewid=d4742b29%2D152d%2D4c2a%2Da5d8%2Df930dff7a3bf&id=%2Fsites%2Fpenetwork%2FShared%20Documents%2FArena%5FEYFS%5FSOW%2FDance%20PDF%2FDance%20PDF)[(ARENA SOW)](https://celticcrosseducation.sharepoint.com/sites/penetwork/Shared%20Documents/Forms/AllItems.aspx?viewid=d4742b29%2D152d%2D4c2a%2Da5d8%2Df930dff7a3bf&id=%2Fsites%2Fpenetwork%2FShared%20Documents%2FArena%5FEYFS%5FSOW%2FDance%20PDF%2FDance%20PDF)Movement Skills | [Athletics (Running, jumping, throwing)](https://celticcrosseducation.sharepoint.com/sites/penetwork/Shared%20Documents/Forms/AllItems.aspx?viewid=d4742b29%2D152d%2D4c2a%2Da5d8%2Df930dff7a3bf&id=%2Fsites%2Fpenetwork%2FShared%20Documents%2FARENA%20Schemes%20of%20Work%20December%202017%2FAthletics%20PDF%2FAthletics%20KS1)[(ARENA SOW)](https://celticcrosseducation.sharepoint.com/sites/penetwork/Shared%20Documents/Forms/AllItems.aspx?viewid=d4742b29%2D152d%2D4c2a%2Da5d8%2Df930dff7a3bf&id=%2Fsites%2Fpenetwork%2FShared%20Documents%2FARENA%20Schemes%20of%20Work%20December%202017%2FAthletics%20PDF%2FAthletics%20KS1)FUNdamentals/Competition |
| PENDOWERYr 2,3,4 | [Physical Literacy (Body)](https://celticcrosseducation.sharepoint.com/sites/penetwork/Shared%20Documents/Forms/AllItems.aspx?viewid=d4742b29%2D152d%2D4c2a%2Da5d8%2Df930dff7a3bf&id=%2Fsites%2Fpenetwork%2FShared%20Documents%2FKS1%20Physical%20Literacy%2FKS%201%20%2D%20Physical%20Literacy)[(SJL SOW)](https://celticcrosseducation.sharepoint.com/sites/penetwork/Shared%20Documents/Forms/AllItems.aspx?viewid=d4742b29%2D152d%2D4c2a%2Da5d8%2Df930dff7a3bf&id=%2Fsites%2Fpenetwork%2FShared%20Documents%2FKS1%20Physical%20Literacy%2FKS%201%20%2D%20Physical%20Literacy)FUNdamental skills  | [Gymnastics](https://celticcrosseducation.sharepoint.com/sites/penetwork/Shared%20Documents/Forms/AllItems.aspx?viewid=d4742b29%2D152d%2D4c2a%2Da5d8%2Df930dff7a3bf&id=%2Fsites%2Fpenetwork%2FShared%20Documents%2FArena%5FEYFS%5FSOW%2FGym%20PDF%2FGym%20PDF)[(ARENA SOW)](https://celticcrosseducation.sharepoint.com/sites/penetwork/Shared%20Documents/Forms/AllItems.aspx?viewid=d4742b29%2D152d%2D4c2a%2Da5d8%2Df930dff7a3bf&id=%2Fsites%2Fpenetwork%2FShared%20Documents%2FArena%5FEYFS%5FSOW%2FGym%20PDF%2FGym%20PDF)Movement Skills [Physical Literacy (Equipment)](https://celticcrosseducation.sharepoint.com/sites/penetwork/Shared%20Documents/Forms/AllItems.aspx?viewid=d4742b29%2D152d%2D4c2a%2Da5d8%2Df930dff7a3bf&id=%2Fsites%2Fpenetwork%2FShared%20Documents%2FKS1%20Physical%20Literacy%2FKS%201%20%2D%20Equipment)[(SJL SOW)](https://celticcrosseducation.sharepoint.com/sites/penetwork/Shared%20Documents/Forms/AllItems.aspx?viewid=d4742b29%2D152d%2D4c2a%2Da5d8%2Df930dff7a3bf&id=%2Fsites%2Fpenetwork%2FShared%20Documents%2FKS1%20Physical%20Literacy%2FKS%201%20%2D%20Equipment)FUNdamental skills |  KS1 Games(Multiskills) | LOCKDOWN PE SESSIONS ONLINE | [Dance](https://celticcrosseducation.sharepoint.com/sites/penetwork/Shared%20Documents/Forms/AllItems.aspx?viewid=d4742b29%2D152d%2D4c2a%2Da5d8%2Df930dff7a3bf&id=%2Fsites%2Fpenetwork%2FShared%20Documents%2FARENA%20Schemes%20of%20Work%20December%202017%2FDance%2FDance%20KS1)[(ARENA SOW)](https://celticcrosseducation.sharepoint.com/sites/penetwork/Shared%20Documents/Forms/AllItems.aspx?viewid=d4742b29%2D152d%2D4c2a%2Da5d8%2Df930dff7a3bf&id=%2Fsites%2Fpenetwork%2FShared%20Documents%2FARENA%20Schemes%20of%20Work%20December%202017%2FDance%2FDance%20KS1)Movement Skills  | [Athletics (Running, jumping, throwing)](https://celticcrosseducation.sharepoint.com/sites/penetwork/Shared%20Documents/Forms/AllItems.aspx?viewid=d4742b29%2D152d%2D4c2a%2Da5d8%2Df930dff7a3bf&id=%2Fsites%2Fpenetwork%2FShared%20Documents%2FARENA%20Schemes%20of%20Work%20December%202017%2FAthletics%20PDF%2FAthletics%20KS1)[(ARENA SOW)](https://celticcrosseducation.sharepoint.com/sites/penetwork/Shared%20Documents/Forms/AllItems.aspx?viewid=d4742b29%2D152d%2D4c2a%2Da5d8%2Df930dff7a3bf&id=%2Fsites%2Fpenetwork%2FShared%20Documents%2FARENA%20Schemes%20of%20Work%20December%202017%2FAthletics%20PDF%2FAthletics%20KS1)FUNdamentals/Competition |
| KIBERICK YR 4,5 | [HRF – Training Methods](https://celticcrosseducation.sharepoint.com/%3Ap%3A/r/sites/penetwork/_layouts/15/Doc.aspx?sourcedoc=%7B9AD99838-1F1C-4015-BDD0-9EC3353BFD29%7D&file=Types%20of%20Training%20Year%206.pptx&action=edit&mobileredirect=true) [(Yr 6 Power of PE SOW)](https://celticcrosseducation.sharepoint.com/%3Ap%3A/r/sites/penetwork/_layouts/15/Doc.aspx?sourcedoc=%7B9AD99838-1F1C-4015-BDD0-9EC3353BFD29%7D&file=Types%20of%20Training%20Year%206.pptx&action=edit&mobileredirect=true)Healthy, active life skills | [Gymnastics](https://celticcrosseducation.sharepoint.com/sites/penetwork/Shared%20Documents/Forms/AllItems.aspx?newTargetListUrl=%2Fsites%2Fpenetwork%2FShared%20Documents&viewpath=%2Fsites%2Fpenetwork%2FShared%20Documents%2FForms%2FAllItems%2Easpx&viewid=d4742b29%2D152d%2D4c2a%2Da5d8%2Df930dff7a3bf&id=%2Fsites%2Fpenetwork%2FShared%20Documents%2FARENA%20Schemes%20of%20Work%20December%202017%2FGymnastics%2FGymnastics%20Y5%266)[(ARENA SOW)](https://celticcrosseducation.sharepoint.com/sites/penetwork/Shared%20Documents/Forms/AllItems.aspx?newTargetListUrl=%2Fsites%2Fpenetwork%2FShared%20Documents&viewpath=%2Fsites%2Fpenetwork%2FShared%20Documents%2FForms%2FAllItems%2Easpx&viewid=d4742b29%2D152d%2D4c2a%2Da5d8%2Df930dff7a3bf&id=%2Fsites%2Fpenetwork%2FShared%20Documents%2FARENA%20Schemes%20of%20Work%20December%202017%2FGymnastics%2FGymnastics%20Y5%266) or[PARKOUR (Power of PE SOW)](https://celticcrosseducation.sharepoint.com/%3Ap%3A/r/sites/penetwork/_layouts/15/Doc.aspx?sourcedoc=%7B6295346C-BD51-4F4D-BF0D-D061B8B863E3%7D&file=Parkour%20Year%205.pptx&action=edit&mobileredirect=true)Movement Skills | [Invasion Games (High 5 Netball, Tag Rugby or Hockey)](https://celticcrosseducation.sharepoint.com/sites/penetwork/Shared%20Documents/Forms/AllItems.aspx?newTargetListUrl=%2Fsites%2Fpenetwork%2FShared%20Documents&viewpath=%2Fsites%2Fpenetwork%2FShared%20Documents%2FForms%2FAllItems%2Easpx&viewid=d4742b29%2D152d%2D4c2a%2Da5d8%2Df930dff7a3bf&id=%2Fsites%2Fpenetwork%2FShared%20Documents%2FARENA%20Schemes%20of%20Work%20December%202017)[(ARENA SOW)](https://celticcrosseducation.sharepoint.com/sites/penetwork/Shared%20Documents/Forms/AllItems.aspx?newTargetListUrl=%2Fsites%2Fpenetwork%2FShared%20Documents&viewpath=%2Fsites%2Fpenetwork%2FShared%20Documents%2FForms%2FAllItems%2Easpx&viewid=d4742b29%2D152d%2D4c2a%2Da5d8%2Df930dff7a3bf&id=%2Fsites%2Fpenetwork%2FShared%20Documents%2FARENA%20Schemes%20of%20Work%20December%202017)ATTACKING AND DEFENDINGSailing | LOCKDOWN PE SESSIONS ONLINE | [Invasion Games (High 5 Netball, Tag Rugby or Hockey)](https://celticcrosseducation.sharepoint.com/sites/penetwork/Shared%20Documents/Forms/AllItems.aspx?newTargetListUrl=%2Fsites%2Fpenetwork%2FShared%20Documents&viewpath=%2Fsites%2Fpenetwork%2FShared%20Documents%2FForms%2FAllItems%2Easpx&viewid=d4742b29%2D152d%2D4c2a%2Da5d8%2Df930dff7a3bf&id=%2Fsites%2Fpenetwork%2FShared%20Documents%2FARENA%20Schemes%20of%20Work%20December%202017)[(ARENA SOW)](https://celticcrosseducation.sharepoint.com/sites/penetwork/Shared%20Documents/Forms/AllItems.aspx?newTargetListUrl=%2Fsites%2Fpenetwork%2FShared%20Documents&viewpath=%2Fsites%2Fpenetwork%2FShared%20Documents%2FForms%2FAllItems%2Easpx&viewid=d4742b29%2D152d%2D4c2a%2Da5d8%2Df930dff7a3bf&id=%2Fsites%2Fpenetwork%2FShared%20Documents%2FARENA%20Schemes%20of%20Work%20December%202017)ATTACKING AND DEFENDINGSailing | [Dance](https://celticcrosseducation.sharepoint.com/sites/penetwork/Shared%20Documents/Forms/AllItems.aspx?viewid=d4742b29%2D152d%2D4c2a%2Da5d8%2Df930dff7a3bf&id=%2Fsites%2Fpenetwork%2FShared%20Documents%2FARENA%20Schemes%20of%20Work%20December%202017%2FDance%2FDance%20KS1)[(ARENA SOW)](https://celticcrosseducation.sharepoint.com/sites/penetwork/Shared%20Documents/Forms/AllItems.aspx?viewid=d4742b29%2D152d%2D4c2a%2Da5d8%2Df930dff7a3bf&id=%2Fsites%2Fpenetwork%2FShared%20Documents%2FARENA%20Schemes%20of%20Work%20December%202017%2FDance%2FDance%20KS1)FUNdamentals/Competition |

 This document maps out the PE units that are taught throughout the year, although the order of activities may at times change due to facilities, topics and availability.

\*\*SWIMMING NEEDS TO BE ADDED\*\*