

VERYAN PE CURRICULUM Sept '19 - July '20 v1

This document maps out the PE units that are taught throughout the year, although the order of activities may at times change due to facilities and availability.

	AUTUMN 1	AUTUMN 2	SPRING 1	SPRING 2	SUMMER 1	SUMMER 2
Class teacher Nursery/ EY/Year 1	Multi-skills - (Throwing/catching / rolling / dribbling - hands & feet)	Invasion Games - using a range of previously learnt skills & a range of sports <i>ARENA SOW -KS1 Games</i>	Athletic skills through running, jumping & throwing (<i>Sports hall Athletics / Quad Kids</i>)	Dance <i>ARENA SOW - KS1 Dance</i>	Swimming (Except Reception)	Striking & fielding skills through Cricket/ Rounder's type activities <i>ARENA SOW - KS1 S & F</i>
Nursery/ EY/Year 1 Tuesday PM E. Goodall / J.Danks	Physical Literacy (Run/Jump/Skip/Gallop /Hop/Dodge)	Dance	Gymnastics <i>ARENA SOW - KS1 Gymnastics</i>	Multi-skills - (Throwing/catching / rolling / dribbling - hands & feet)	Athletic skills through running, jumping & throwing	Net & Wall skills through Tennis/Badminton <i>ARENA SOW - KS1 Net & Wall</i>
Class teacher Years 2 & 3	Swimming	Swimming	HRF (<i>PoPE SOW</i>)	Striking & Fielding Skills - Rounders/Cricket	Invasion Games - Football / Hockey	Net & Wall Skills - Tennis/ Badminton
Class teacher Years 2 & 3 Tuesday PM L.Blayne/ J.Danks	Invasion Games - Football / Basketball / Tag Rugby	Dance/ fitness	Gymnastics	OAA - Team Building & Orienteering	Athletics Skills /Quad Kids	Striking & Fielding - Cricket
Class teacher Years 4, 5 & 6	Multi-skills/Training Types (<i>PoPE SOW</i>)	Invasion Games - Netball / Hockey	Swimming	Striking & Fielding Skills - Cricket / Rounders	HRF (<i>PoPE SOW</i>)	Net & Wall Skills - Tennis/ Badminton
Class teacher Years 4, 5 & 6 Tuesday PM S.Cartwright / J.Danks	Invasion Games - Football / Basketball / Tag Rugby	Dance/ fitness	Gymnastics	OAA - Team Building / Orienteering	Athletics Skills /Quad Kids	Striking & Fielding - Cricket / Rounders