



# Veryan CofE Primary

## School News



Friday 25th September

Veryan, Truro, Cornwall, TR2 5QA

veryan.secretary@celticcross.education

Dear parents and carers

As yet more guidance and more change is to come, I thought I'd take the time to reassure you that at Veryan school, the children and staff are all coping well. They are successfully working within the strict guidelines to maintain social distancing, high standards of hygiene and within their class bubbles. From the September opening, we were permitted to allow teachers and TAs to move between bubbles, where this was necessary for the smooth running of the school and to offer targeted support for learning intervention for small groups. We have done this where absolutely necessary and remained within the guidance and our own strict risk assessments. In addition to the usual 4 hours of PE teaching, Mr Webb has been able to return to us every Tuesday to deliver class PE sessions. Mr Webb will only be working with the class bubbles on the playground and is also working within strict hygiene guidelines.

I think our class celebrations and the note about our PE monitors in this week's newsletter highlight what we can all achieve working together as a team and congratulate all the children at Veryan for playing their part with maturity and understanding. They are a credit to you and our school. We will get through this together!

Wishing you a lovely weekend, Caroline Jarrett

### Autumn term dates

Friday 25th September— Macmillan World's Biggest Coffee morning (see page 6)

Wednesday 7th & Thursday 8th October—Year 6 Bikeability (Please return consent forms asap)

Monday 2nd November—Inset day. School closed

Tuesday 3rd November—Tempest individual photographs. To be confirmed (no sibling photos permitted)

17th November—Nasal flu vaccines. Consent forms and information to follow

18th December—Last day of term

Monday 4th January—New term begins



The RSPG Roseland Together (RT) project has been awarded £50,000 by the Government's Coronavirus Community Fund and distributed by the National Lottery Community Fund.

This money is to be used to ensure that Roseland residents do not go hungry and that they have access to good food through these strange times.

It is a proven fact that eating healthily is so very important for our physical and mental well-being. The right sort of food fuels the body and new research is now showing how important that is to keep the brain healthy too – good food improves the structure of the brain and also how it functions – and this is true from cradle to grave. Tasty food also gives pleasure and makes you feel good, but with the issues around shopping it may feel too much hassle.

Since lockdown, we have provided over 4000 hot meals through our Meals on Wheels Service. We are now expanding the ways we can help via Food Boxes or if you prefer give you an e-voucher for use in a supermarket.

The food box choices are

our existing delivery of a hot cooked meal,

a food box which may be frozen ready prepared meals or

a box of ingredients for you to cook.

We have lists of companies – some local, some national offering a wide range of choices. We can help those without the internet set up an order directly to their door. Please contact either your local hub coordinator (details are in the Roseland Magazine and <https://www.rspgroselandtogether.co.uk/>

or our Social Facilitator Paula Townsend on [socfac@rspgroselandtogether.co.uk](mailto:socfac@rspgroselandtogether.co.uk) 07494

954154 or phone or email Roseland Together. [RoselandTogether@gmail.com](mailto:RoselandTogether@gmail.com) 07743746215 You only have to ask – it is open to anyone resident in the Roseland – rest assured your request will al-

A letter was emailed to you this week from Public Health England outlining the importance of when to seek a test and when a test is not needed, as well as information on where to seek help. Please check your email inboxes for this important information. The symptoms are set out below and some helpful hints on using play for testing with younger children are shown over the next few pages.

- You should only book a test if your child has any of these three coronavirus symptoms:

1. **a high temperature:** any new high temperature where your child feels hot to touch on their chest or back (you do not need to measure the temperature)
2. **a new continuous cough:** coughing a lot for more than an hour, or three or more coughing episodes in 24 hours
3. **a loss of, or change in, sense of smell or taste:** a noticeable loss of smell or taste or things smell and taste different to normal

# USING PLAY IN COVID-19 TESTING

How can we use play to help children understand the testing procedure?

## PLAY CAN HELP CHILDREN ENGAGE AND MIGHT REDUCE SOME WORRY

The need for COVID-19 testing can be hard for young children to understand. Using play to explain and carry out at-home testing might help to reduce some of their uncertainty or fear.



## MEET ROCCO AND LUNA!

In our work collecting DNA mouth swabs from young children we used a playful space story to explain the procedure. You could try coming up with your own story that fits with your child's favourite games or toys.

“Rocco and Luna are two astronauts trying to get back to space



But their rocket is all out of fuel!

Did you know that boys and girls have rocket fuel in their mouths?

Do you think we can help Rocco and Luna by giving them some of your rocket fuel?”

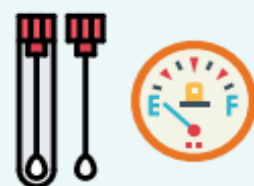


A playful story can help children make sense of unfamiliar equipment and techniques

“We can fill up these magic sticks with your rocket fuel



Add your fuel to Rocco's fuel tank



And see if you've given him enough to get all the way back to space!”



# TIPS FOR COLLECTING THE SAMPLE



**Try some practice runs.** Before taking the sample, you could use household cotton buds to give your child the chance to 'feel' the swab and even get some practice fuel from siblings or grown-ups. This can take away the 'unknown' and allow children to see what's involved.

**Remind your child of their important role.** Children might suggest that grown-ups give the sample instead but you can explain that it's only their special rocket fuel that matches up to Rocco's rocket.

**Stay calm and confident.** As you're collecting the sample, try counting slowly and calmly to your child. Children will be looking to you to know how to respond in this unfamiliar situation.

**It's all a bit tickly and strange.** Acknowledge that it might feel tickly or uncomfortable but remind your child how important collecting their sample is and let them know they're doing a great job.

**Nearly there!** As the COVID swab is a two-step process (mouth and nose), let your child know after swabbing their mouth that you're nearly done but Rocco needs just a little more. During collection, we moved Rocco along his fuel tank to show how close he was to blast off.

**Keep the play going!** Talk about what you think Rocco will get up to in space as you're collecting the sample - this can help distract your child.

We'd talk through what planets he'd visit, what he might eat (mostly moon cheese sandwiches!), and what we'd need to pack for him before he left.



**Celebrate your child's hard work and bravery!** After collection, the children became Chief Rocket Launchers and Rocco often did a few laps of the house at blast off.

**Thank you treat.** Rocco and Luna generously left behind space stickers as a thank you for the child's hard work!

## GET CREATIVE!



Your play may look a little different dependent on your child's age, understanding and interests. Some children might prefer to play scientists or hospitals, while others might like to give a dragon their fire back or unicorns some flying fuel.



## GIVE IT A TRY

This is an unfamiliar procedure so while making home-testing playful can work well for lots of children, some children may still be reluctant to complete the test. All you can do is try your best to put your child most at ease.

Please refer to the official testing instructions for specific information about how to collect the sample.



If you need help with your application you can contact the Family Information Service on 0800 587 8191.

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Well done to our PE shed monitors who have done a great job at tidying and maintaining the shed. Leo was so delighted that his classmates came to help with the clearing, of their own accord, that he gave them all class Dojo awards!



**Celtic Cross Education Initial Teacher Training School Direct  
Open Information Sessions**

**Have you thought about training to be a teacher?**  
**Already have a degree or currently working on one and considering teaching for the future?**  
**Want to stay local or within our Trust?**

Then why not find out more about the School Direct process for teacher training offered by CCE in conjunction with Plymouth Marjon University.

Join us on one of our Open Information Sessions and find out what the process entails and what CCE can offer.

The sessions are on:  
Monday 28<sup>th</sup> September 2020 – 3.30 – 4.30pm  
Thursday 22<sup>nd</sup> October 2020 – 5.00 – 6.00pm  
Tuesday 17<sup>th</sup> November 2020 – 10.30 – 11.30am  
Wednesday 9<sup>th</sup> December 2020 – 6.30 – 7.30pm  
Friday 22<sup>nd</sup> January 2021 – 3.30 – 4.30pm  
Thursday 25<sup>th</sup> February 2021 – 5.00 – 6.00pm

If you are interested in joining one of our Zoom Information sessions, please email:  
[ITT@celticcross.education](mailto:ITT@celticcross.education)  
stating which session, you would like to join.  
We look forward to meeting you.

## Class celebrations

Each week, in our Friday collective worship we will celebrate the achievements of each class by hearing about something the class have done together well as a group.

This week our class celebration awards go to:

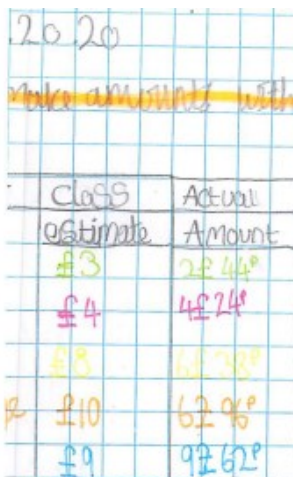
**Kiberick** for—showing an impressive and pleasing pride in the presentation of their work. Extending from beautiful handwriting to accurate drawing in maths and though about the layout and over-all appearance of different types of recording.

**Pendower** for—using their individual strengths to achieve as a whole class across the week.

**Carne** for—building incredible human body skeletons, labelling and naming parts of the body and using team work to create amazing life size skeletons.

**Well done to you all!**

Some of the graphs and charts produced in Kiberick with real care and attention to neat presentation.



Pendower have been creating Mayan logograms



Some of our Carne Class Team



Why not ask your child if they can remember what a logogram is?!



Reminder of the letter sent home on Friday 11th September about our fundraising event TOMORROW—Friday 25th September.



## WORLD'S BIGGEST COFFEE MORNING

Dear parents, carers and children

In previous years we have held a coffee morning to raise money for Macmillan Cancer Support. Sadly, this year we won't be able to invite friends and family into school to help us share our cakes and refreshments, but we would still like to do what we can to take part and contribute to the cause.

Our year 6 children would like to 'host' our part in the World's Biggest Coffee Morning and invite all the children to come to school on Friday 25th September dressed in their tea party finery for a donation of £1.00. As we can't mix our class bubbles we will each have a coffee morning within our own class bubbles, with drinks and cake. Each bubble will video their coffee morning which the year 6 children will edit and share for a collective worship that they will lead via a recording for all the classes to see at a later date.

We hope you will be able to support us again this year by donating on your Parentpay account (no money should be brought to school) and by providing the children with cakes that they can share in their coffee morning bubbles. To minimise cross infection please can we ask that cake donations are individually wrapped, shop bought cakes/slices/biscuits. This is to help prevent the spread of infection at the point of selection and service.

A suggested donation of 50p per cake/slice is payable on Parentpay and we will limit the consumption to 2/3 treats per child to keep things fair and avoid any upset tummies!

Please send your cake donations into school with your child from Monday 21<sup>st</sup>–Thursday 24<sup>th</sup> September

With thanks from the Year 6s!



## Funky Friday Club

**Look out for our Funky Friday Club box in the newsletter each week for information about what we'll be offering on the coming Friday.**

**There will still be activities, refreshments and fun to be had, all organised by the year 6 children.**

**Look for our updates every week!**

**More info to follow beginning of next week...**