



SPRING TERM - NEWSLETTER - Issue 15- 28th January 2022

Supporting one another in learning and life. Compassion, Wisdom, Perseverance

Message from Ms Jarrett

Dear parents and carers,

As the weeks continue to rush by and we find ourselves at the end of January, it's difficult to believe that we are nearly at the half way mark for the year...

Once again, we have had a fun and busy week with lots going on in all the classes. Carne and Pendower enjoyed a visit from Daya and took part in a variety of creative activities based upon the Hindu faith. Cooking, art work, trying on traditional costumes to name but a few! Please take the time to have a look at all the pictures of the exciting activities in this newsletter.

I would like to thank you all for your continued support with our fight against Covid by keeping vigilant and carrying out Lateral Flow Tests when appropriate. We have been relatively lucky so far, long may it continue.

I finish this week with the sad news that Mrs Spears will be leaving us at half term. Mrs Spears has worked at Vryan for many years and will be missed by us all. I'm sure you will all want to join me in thanking her for her fantastic input to our school and to wish her well for her new adventures.

I hope everyone has a relaxing and happy week-end.

With best wishes,

Caroline Jarrett

Weekly Attendance

Our Attendance this week;

Carne Class - 96.5%

Pendower Class - 94.78%

Kiberick Class - 82.84%

TOTAL - 91.22%

Fantastic Friday Club' continues...

This week (28th January) Our Yr 6's are painting pebbles.

Next week (4th February) our Year 6's are organising Glow Stick Art!

Cost is £1 every Friday.

DIARY DATES

08/02/22 - Safer Internet Day

11/02/22 - Open the book

14/02/22 - Height and Weight measurement Reception and year 6 (see email if you would like to opt out)

03/03/22 - World Book Day

07/03/22 - Start of National Careers Week

11/03/22 Start of British Science Week

Stamp collecting

After half term we will be collecting used stamps in aid of a local Bone Cancer charity. Please bring any old stamps to school and they will be collected in the office.

We are recycling old Ink Cartridges to raise money for the school, so if any body has any, or next time you change one, please think of us and bring them in, thank you!

At Celtic Cross Education...
we nurture, we learn, we achieve together.

Sharing Veryan's learning...

Carne Class— “Last week Carne celebrated fantastic dinosaur investigations. This week Carne class have been building a working volcano, tracing dinosaurs, and counting up and backwards from 20. We had a visit from Daya learning about Islam, cooking and dancing. Some of Carne class decided to run for school council and have been writing their applications. This weeks celebrations are for ‘really good use of imagination creating their natural history museum, and lots of hard work all week”



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Pendower - "Last week Pendower celebrated recount writing based upon their new class reader 'Escape from Pompeii!'

This week Pendower have had RE week, we had a visit from Daya, learning about Hinduism, cooking and dancing. We looked at what it is like to be a Hindu in Britain today. This weeks celebrations are for fabulous behaviour and showing respect when Daya came!"



Kiberick - "Last week Kiberick were celebrating 'Deep philosophical thinking in being able to consider many theories of creation' This week they are celebrating 'Amazing concentration and absorbance in their learning... they began non-fiction writing and the room just fell into absolute silence of concentration and how it stayed all lesson and all afternoon until 2pm!'

"This week we created walls out of sticks, mud, grass and even sheep wool. We will be testing the thermal efficiency of them using the thermal imaging camera with Mr Hall"



Friday Club -

Mrs Cartwright has been really impressed in recent weeks with the way that Friday club activities are promoting creativity, the children in Pendower are really enjoying the activities and it is wonderful to have some of year 6 coming in to support with the activity.

School Council; this week Kiberick have been busy planning the school Council, they have gathered applicants from each class and they will vote and announce the successful applicants this afternoon, the results will be included in the next

School Council

Vervan Primary School Council will be elected soon. School Council meets once every half term to discuss how to improve life and learning at school.

Mrs Cartwright is now the member of staff who supports the council to achieve their aims.

New for this year is that Super Six children will also mentor you as a new member of the school council. Two candidates from each class will be elected.

If you think you have good ideas and you might want to do this then come along to a meeting on Monday lunchtime in Kiberick class to find out more.

You need to;

- ✓ Have a good memory to remember to come to the meetings
- ✓ Be confident to talk in a big group
- ✓ Listen carefully to other people's ideas
- ✓ Have interesting ideas
- ✓ Care about school

After the meeting if you still want to do this you can fill in a form to apply.

Alfred the Great and our flatbread – how are they connected?

We made flat bread out of our own hen's eggs! toasted nettles. We kneaded it together. We kneaded it into them. We for just over ten



of gluten-free flour, an egg (one of and water, with a sprinkle of mixed it together until it combined. into flat patties and carved our cooked them at 180 degrees Celsius minutes.

What inspired us was how he burnt the away from the Vikings cottage. She ordered were baking by the fire. distracted by his own burnt. The peasant frustration.

the story of Alfred the Great and cakes. King Alfred was running and he hid in a peasant woman's him to look after the cakes that Unfortunately, he became. personal problems and the cakes woman scolded him roundly in

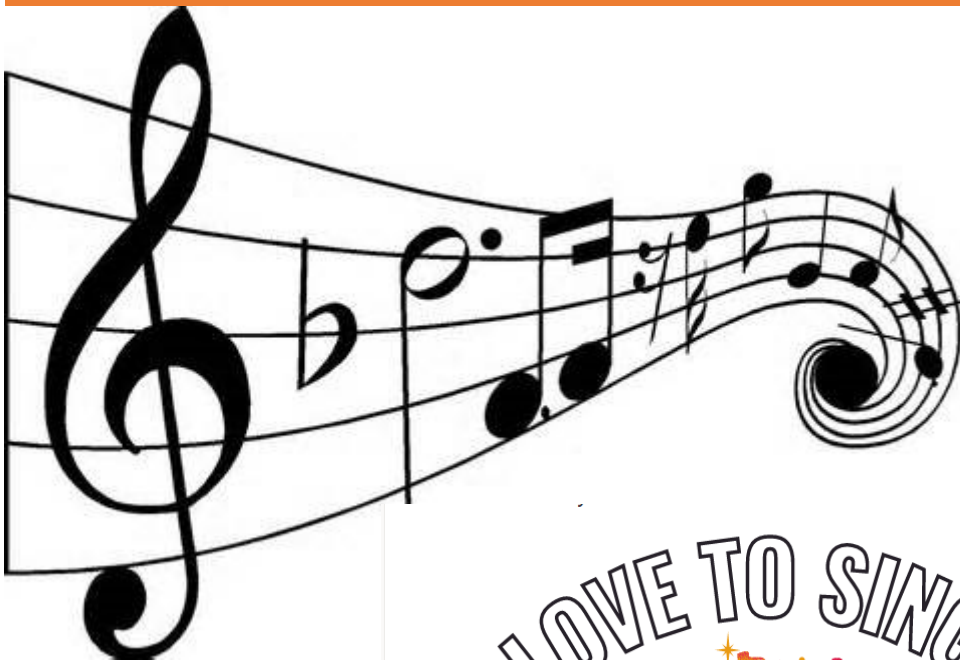
We liked them but they rather plain and a little dry. If we did this again using milk it might have been better, also we could add some seasoning or spices.



Cornwall Music Trust...

Cornwall Music Trust's "very experienced brass and piano specialist - Allan Fouracre" will be taking on the pupils that had been taught by Sara Scott and Karen Green from 18th Jan.

Alex , our guitar teacher, has said there is also an opportunity for a group lesson on Tuesdays at 15:00. If a child is interested in joining this please book through Cornwall Music Trust, please make sure to book as 'group session' not one-to-one



**Cornwall Music
Education Hub**



If you have a LOVE and TALENT for singing, join us for a taster session and audition at one of our rehearsals. We sing many different styles of music and work with professional vocal mentors. The choirs have performed at many venues across the country and we will be returning to perform at the Royal Albert Hall in November 2021.



You can audition for the following choirs:

Cornwall Boys and Cornwall Girls
(Y4 - Y7/8)



Cornwall County Youth Choir
(Y7/8 depending on voice maturity - Y13)

Email
julia.knight-bennett@cornwall.gov.uk
for more details

Cold weather routine or other emergencies

At this point of the year as the weather begins to turn colder it is worth reiterating our cold weather and emergency closures plans.

There may also be a need for a part closure if some members of our staff cannot travel safely into our schools.

In the event of severe weather or another emergency we would follow this procedure:

- A text will be sent out to parents (please make sure we have the correct mobile number).
- A message will be posted on Class Dojo.
- We will place an information notice on the front page of the school website with the latest information.
- We will inform Radio Cornwall, Heart and Pirate FM who will announce the school closure.
- A notice will be placed at the school entrance to inform people arriving.
- If we have to close the school during the school day, we will follow the same procedures but also telephone parents where possible.



Director/Trustee Vacancy

Do you have professional or business expertise you'd like to share in a strategic role within our multi-academy trust?

Celtic Cross Education has a vacancy on its board of directors, and this challenging and rewarding position could be just for you.

Directors (also known as trustees) are volunteers with a range of skills and their main responsibilities are to:

- Hold executive leaders to account for the educational, safeguarding and financial performance of the trust.
- Set the strategic direction of the trust.
- Ensure the trust's financial success and probity.

If you have worked in HR, law, risk management, finance or communication, or have skills in problem solving, critical listening or leadership, we would welcome an application from you.

We are looking for People to join our 'SMC' the contact details if you are interested are Ladock school (please see poster below) this is because Ladock and Veryan have a joint School Monitoring Council

WANTED – SCHOOL MONITORING COUNCILLORS

What are we looking for?

Our school School Monitoring Council is made up of Councillors from all walks of life and many come to us through a variety of routes and with a range of different backgrounds, skills and experiences, but they are all volunteers who work together for the benefit of the school and are the link between the school and the community it serves

We want you

We are currently looking for new Parent Councillors and would be delighted to hear from anyone who has:

- an interest in the performance of the school
- a desire to contribute to and represent the community
- an open and enquiring mind
- the ability to look at issues objectively
- the confidence to ask questions and join in debate
- a willingness to listen and make informed judgements
- the ability to work well with others
- time to spare
- a child or children currently attending the school

If you match the above description, you may be the very person to become a Parent Councillor at Ladock/Veryan School.

Everyone has something to offer, and we want people from as many backgrounds and with as wide a range of interests as possible.

What can we offer?

- The opportunity to work with our school monitoring council team and staff in improving our schools
- A sense of achievement in making a difference to our schools
- The pleasure of helping students reach their potential

What is the School Monitoring Council's Role?

The function of the SMCs is to contribute to school improvement by holding to account the Heads of School for their effectiveness in addressing agreed improvement priorities. They will also help to ensure robust governance across the Trust by engaging with the Hub Councils and, thereby, the Board of Directors.

Each SMC has a key role to play in the overall success of the MAT and in contributing to joint working and sharing best practice between its academies.

A parent councillor is not a delegate and does not speak 'on behalf' of the parent body. The role and responsibilities of parent councillors are no different from those of the other councillors.

The SMC meets three times a year, the meetings and run for approximately 2 hours. The term of office is 4 years. As well as attending meetings councillors are also asked to look at specific areas of the school's work in more detail and report back to the SMC.

To help support councillors, everyone has access to further training to help build on existing skills or to develop new ones.

If you are interested, please email Jane on ladock.secretary@celticcross.education for a form, which asks for a brief description about yourself and why you would like to join the SMC, and return this the school office at email ladock.secretary@celticcross.education.

Closing date for applications midday on Monday 7th February

Depending on the number of applications, there may be an election process, which will be advised in due course.

Why is Year 6 being weighed and measured?

The school nursing team is visiting Year 6!

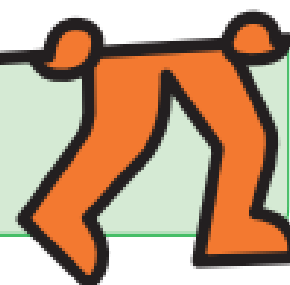
We are going to measure the weight and height of Year 6 pupils as part of our work to help keep the nation healthy.

Did you know?

- Children are weighed and measured when they are babies, and again in Reception and Year 6.
- It helps the government see how healthy the nation is, and plan health and leisure services for children.
- It's a good chance to check how you're developing and think about ways you can become healthier.

What will happen?

- You will be measured one at a time in private.
- All you need to do is take your shoes off – it will be really quick!
- Only your parents or carers will see the results – not your teachers or friends.

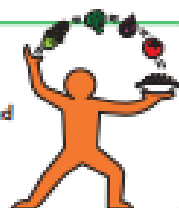


Top tips for a healthier you

Everyone can find ways to be healthier – what can you do today?

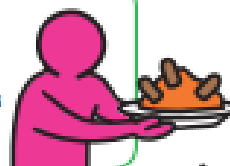
1. 5 a day

Try to eat five portions and a variety of fruit and veg every day.



2. cut back fat

Try and keep foods like crisps, buns, cakes, pastries and biscuits as occasional treats only.



3. watch the salt

Check the label and choose foods lower in salt and try not to add salt to your food.



4. sugar swaps

Swap sugary drinks for water, lower-fat milks, no-added-sugar or sugar-free drinks.



5. get going every day

Spend at least 60 minutes walking, playing sport, running around or being active every day.



6. me size meals

Children need smaller portions than grown ups. Start with a smaller amount of food on your plate, then ask for more if you are still hungry.

Search [Change4Life](https://www.change4life.org.uk)

**change
4 life**
Eat well Move more Live longer

Your School Nurse

Your child can have access to a School Nurse at any time if you have any health concerns, in addition your School Nurse offers a full health assessment in reception and year 6.

The School Nurse can check:

- Your child is growing healthily and support with healthy eating
- Support with access to dental care and general support for dental hygiene
- Help with day / night time wetting or soiling
- Provide Information about Immunisations
- Guidance re healthy lifestyles
- Support with general hygiene Issues including head lice and worms
- Support with general emotional health Issues
- Support to access other health professionals
- Routines, including sleep

Additionally in Year 6:

- Friendships
- Relationships
- Development, including periods and puberty
- Access to specialist services – including dietician, healthy weight programmes and voluntary services
- Developmental Issues
- Transition to secondary school
- Healthy lifestyles



Find out more...

Call **01872 322779**

Email **hvsnadvice@cornwall.gov.uk**

Follow us @tffcornwall   

 **www.cornwall.gov.uk/schoolnursing**

January – March 2022 Carrick Spring Term Online and Face to Face Parenting Programs

Being Passionate About Parenting 5 - 11 yrs

A 3 week workshop for Parents / Carers of young people aged 5 to 11 years (primary up to year 6). It is an introduction to some top tips and strategies and incorporates golden threads from our other Parenting programs. It is an introduction to positive behaviour management that often gives those who attend confidence to engage with other support on offer.

| | | | | | |
|----------------|----------------------|--------------------------------|--------------------------------|---------------------------------|------------------------|
| Tuesday | 10.00-11.30am | 1st February | 8th February | 15th February | Microsoft teams |
| | | | | | |

Being Passionate About Parenting Early Years 1-3 yrs

A 3 week workshop for Parents / Carer of children aged 1 to 3 years (pre reception). It is an introduction to strategies and incorporates golden threads from our other Parenting programs. The aims include: - To build relationships with our toddlers. To develop top tips for positive behavior management. To give support and confidence to Parents/ Carer Topics in this workshop include: - child led play, special time, praise, limited choices use of language, routines etc

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|------------------|---------------------|--------------------------------|---------------------------------|---------------------------------|-------------------------------|
| Thursdays | 1.00.-2.30pm | 3rd February | 10th February | 17th February | Perranporth Family Hub |
| | | | | | |

Being Passionate About Parenting with ADHD 5-11 yrs

A 3 week workshop for Parents / Carers of young people aged 5 to 11 years (primary up to year 6). It is an introduction to some top tips and strategies and incorporates golden threads from our other Parenting programs. It is an introduction to positive behaviour management that often gives those who attend confidence to engage with other support on offer. The ADHD element of the workshop includes: - Fact and Fiction about ADHD, definition of ADHD and possible areas that may be a challenge, the use of language and effective communication, seeing behaviours from your young person's perspective and supporting them with practical strategies and top tips.

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|-------------------|--------------------|--------------------------------|--------------------------------|--------------------------------|----------------------------|
| Wednesdays | 6.30-8.00pm | 12th January | 19th January | 26th January | Microsoft teams |
| Thursdays | 9.30-11.30 | 3rd March | 10th March | 17th March | Falmouth Family Hub |

Being Passionate About Parenting with Spectrum Awareness 5-11yrs

A 3 week workshop for Parents / Carers of young people aged 5 to 11 years (primary up to year 6). It is an introduction to some top tips and strategies and incorporates golden threads from our other Parenting programs. It is an introduction to positive behaviour management that often gives those who attend confidence to engage with other support on offer. The elements which are about the Spectrum includes:- Fact and Fiction about the Spectrum, looking at definitions/challenges and strategies to support your young person, sensory challenges, basic social scripts to support situations that may be difficult to understand, the use of language to support positive communication, and to understand behaviours from your young person's point of view.

| | | | | | |
|---------------|--------------------|--------------------------------|--------------------------------|--------------------------------|--------------------------------|
| Monday | 10.00-12.00 | 10th January | 17th January | 24th January | Malpas Family hub Truro |
|---------------|--------------------|--------------------------------|--------------------------------|--------------------------------|--------------------------------|

Take 3 10 week programme

A 20 hours workshop parents and carers of teenagers. Whether you have current worries about your teenager or would just like to understand your child better, this programme will have something for you. How to encourage, motivate and support young people. Helping parents look after themselves. How to negotiate boundaries that work

| | | | | | | | | | | | | |
|----------|------------------|-------------------------|-------------------------|-------------------------|------------------------|------------------------|-------------------------|------------------------|------------------------|-------------------------|-------------------------|------------------------|
| Tuesdays | 6.00 – 8pm | 11 th Jan | 18 th Jan | 25 th Jan | 1 st Feb | 8 th Feb | 15 th Feb | 1 st Mar | 8 th Mar | 15 th Mar | 22 nd Mar | Falmouth Family Hub |
|----------|------------------|-------------------------|-------------------------|-------------------------|------------------------|------------------------|-------------------------|------------------------|------------------------|-------------------------|-------------------------|------------------------|

Being Passionate about the teenage Brain 12-17 years

A 6-hour workshop for Parents / Carers of young people aged 12 to 17(Secondary years 7 to 11). It is an introduction to strategies and incorporates golden threads from our other Parenting programs. The aims of the workshop include:
- To build relationships with our young people. To develop positive strategies to support behavior management. To provide support, information and confidence to Parents/ Carers. Topics in this workshop include: -Boundaries and communication, emotions, keeping calm, praise, the teenage brain, parenting styles etc. This workshop is delivered on a need led basis.

| | | | | | |
|----------|-----------------|--------------------------|--------------------------|---------------------------|-----------------|
| Tuesdays | 10.00- 11.30 | 1 st February | 8 th February | 15 th February | Microsoft teams |
| Fridays | 9.30- 11.30 | 25 th March | 1 st April | 8 th April | Microsoft teams |

How to book

Please contact the Early help [Early Help Hub request for help form - Cornwall Council](#) if you would like to attend any of the above courses.

www.cornwall.gov.uk//health-and-social-care/childrens-services/early-help-hub-request-for-help-form/

or call 01872 322277 where a member of the Early Help Team will be able to help.

The deadline for applications is **15 January 2022**

Starting school September 2022

Applying for a place in a reception class for children born between 1 September 2017 and 31 August 2018

Attending a nursery or pre-school

You will need to apply even if your child attends a school's nursery or pre-school class. Please note that if a school is oversubscribed the fact that a child attends a school's nursery or pre-school, or a local nursery or pre-school, does not automatically guarantee a place at that school. The school's oversubscription criteria will be used to allocate places. Visit our website or contact us for more information.

Information and guidance

Website and application form: www.cornwall.gov.uk/admissions
Email: schooladmissions@cornwall.gov.uk
Post: School Admissions Team, County Hall, Truro, TR1 3AY
Telephone: 0300 1234 101

Need help with your application?

Contact the Family Information Service on 0800 587 8191



www.cornwall.gov.uk



**ONE & ALL
SPORTS**
KEEPING CORNWALL ACTIVE

Football Fun Sessions With Mr Webb!

All you need to know:

Where: Tresillian Playing Field
When: Saturday Mornings 9am-10:30am
Ages: 5-7 years
Cost: £4 a session
Who: Mr Webb (Primary School PE Coach)
Booking: To book your child's place you will need to visit my website below!

Contact Details:
Email - rorywebb@oneandallsports.com
Website - www.oneandallsports.com

The deadline for applications is **31 October 2021**

Transfer to secondary school September 2022

Applying for a place in year seven at a secondary school

Information and guidance

Website and application form: www.cornwall.gov.uk/admissions
Email: schooladmissions@cornwall.gov.uk
Post: School Admissions Team, County Hall, Truro, TR1 3AY
Telephone: 0300 1234 101

Need help with your application?

Contact the Family Information Service on 0800 587 8191



Ball Games Club!

All you need to know:

Where: Grampound with Creed Village Hall

When: Tuesday Evenings 5:15pm-6:15pm (02/11/21)

Ages: 8-11 years

Cost per session: £3 a session

Coach: Mr Webb (Primary School PE Coach)

Booking: To book your child's place you will need to visit my website below!

Sports we look to cover: Volleyball, Dodgeball, Handball, Benchball, Netball, Basketball and MORE!

Contact Details:

Email - rorywebb@oneandallsports.com

Website - www.oneandallsports.com

Facebook Page - One & All Sports



www.cornwall.gov.uk

Free School Meals

If you think you may be eligible for Free School Meals the criteria and link you will need to follow are below. Not only would your child receive free meals but this enables the school to access additional funding. If you would apply by post please contact the office for a paper application form.

Free school meals eligibility criteria if you receive benefits

A child is eligible for free school meals if their parent/carer (or the child themselves) receives any of the following benefits:

Universal Credit (provided you have an annual net earned income of no more than £7,400, as assessed by earnings from up to three of your most recent assessment periods).

Income Support (IS)

Job Seekers' Allowance (Income-Based) and equal based Job Seekers Allowance

Income Related Employment and Support Allowance (ESA-IR) and equal based Employment and Support Allowance

Child Tax Credit (CTC) with an annual income of less than £16,190

Working Tax Credit run-on - paid for 4 weeks after you stop qualifying for Working Tax Credit

Guarantee Element of Pension Credit (GPC)

Immigration and Asylum Act 1999 (IAA) Supports

If you are claiming the benefits listed below you are not eligible for free school meals. This is regardless of what other benefits/credits are being claimed.

Working Tax Credit

Contribution-Based Job Seeker's Allowance and/or Contribution-Based Employment and Support Allowance

Link to Cornwall Council Website for Free School Meals

<https://www.cornwall.gov.uk/schools-and-education/schools-and-colleges/school-meals/apply-for-free-school-meals-and-pupil-premium/>

Celtic Cross Education Initial Teacher Training School Direct

Open Information Sessions for 2022-2023

Have you thought about training to be a teacher?

Already have a degree or currently working on one and considering teaching for the future?

Want to stay local or within our Trust?

Then why not find out more about the School Direct process for teacher training offered by CCE in conjunction with Plymouth Marjon University.

Join us on one of our Open Information Sessions and find out what the process entails and what CCE can offer.

The sessions are on:

Wednesday 29th September 2020 – 4.00 – 5.00pm

Tuesday 19th October 2020 – 5.00 – 6.00pm

Thursday 25th November 2020 – 4.00 – 5.00pm

Wednesday 8th December 2020 – 6.00 – 7.00pm

If you are interested in joining one of our Zoom Information sessions, please email:

karen.holmes@celticcross.education

stating which session, you would like to join.

We look forward to meeting you.