

# Veryan CofE Primary

## School News

Supporting one another in learning and life.

Compassion Wisdom Perseverance



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### Message from Ms Jarrett

Another half term has whizzed by! I hope everyone has got some lovely plans for their week break and are looking forward to meeting with friends and family that you may not have seen for some time and getting some time to relax and refresh ready for, what is always, a busy half of the summer term.

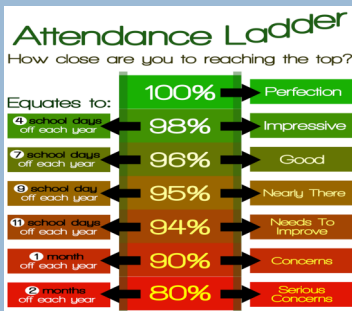
Sadly, we still have to consider the possibility of Covid-19, and we will need to be informed of any pupils who test positive **within two days of being in school**, so that we can assist in identifying close contacts and reduce the spread of infection. If your child has a positive test having developed symptoms more than 2 days since being in school, no action is needed and you should follow contact tracing instructions provided by NHS Track and Trace.

If you need to inform us of a pupil who tests positive within two days of being in school please email: [Veryan.head@celticcross.education](mailto:Veryan.head@celticcross.education)

I do hope you all have a lovely, safe and healthy half term and look forward to seeing everyone on Monday 7th June—where the children will be gently eased back with a 4 day week!

With best wishes

Caroline Jarrett



The DfE's guidance states that school attendance will be "mandatory for all pupils from March 8".

The usual rules on attendance will apply, including parents' legal duty to secure their child's attendance at school.

The ability to issue sanctions such as fines will also be reinstated, and schools will be responsible for recording attendance, following up absence and "reporting children missing education to the local authority".



Expected average attendance for a child is 96.1%. Our attendance for last week was:

Carne: 90.77% Pendower: 98.89% Kiberick: 94.74%

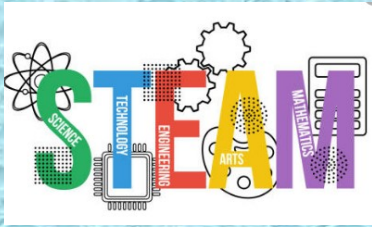
Congratulations **Pendower** you are our attendance heroes this week.

## Funky Friday Club

**This week we will be a Disco in addition to all the usual refreshments.**

**To help us ensure that everyone is included when they want to attend, and ensure fairness to all, please can we ask that Friday subs are paid by 8.30am Friday at the very latest.**

**Thank you, from the Year 6s**



## This week at STEAM club

We had great fun using the new digital microscope. We examined rainwater and found it fascinating!

Why don't you try and capture your own rainwater and measure how much you can catch in a day/an hour?

What happens if you leave your pot of rainwater outside in the sun? Why does that happen?

STEAM stands for Science Technology Engineering Art and Maths. STEAM club will be completing various activities around these areas.

At this particularly challenging time for us all, please don't forget that over



4,100 shops and sites will donate to Vervan C of E Primary School - for FREE every time you use **easyfundraising** to shop with them.

This means you can support the school, when you get your groceries, order a takeaway, re-new your insurance policies or buy anything else online - **at no extra cost to yourself!**

If you haven't signed up yet, it's easy and completely FREE to use.

Just visit:

[https://www.easyfundraising.org.uk/causes/vervanprimary/?utm\\_campaign=raise-more&utm\\_content=s-n4](https://www.easyfundraising.org.uk/causes/vervanprimary/?utm_campaign=raise-more&utm_content=s-n4)

**Thank you to our current supporters**  
**In the last 30 days we have raised: £21.43!!**

## Sports Day 2021

As you will have seen in our newsletter last week, our provisional date for Sports Day this year is now **Wednesday 23rd June**. As guidelines are due to change on the 21st, and these may not be as originally hoped in the lockdown easing, we are still unsure whether our Sports Day will take place just for the school, or if we will be allowed to have parent/carers spectators. We will confirm this in due course, once announcements are made and guidelines confirmed.

Regardless of whether we are allowed spectators we will, of course, be aiming to make the day as memorable, successful and fun for the children as it can be. Mr Webb has worked hard to plan the events and races so that children have a chance to compete as individuals but also as a team; earning points throughout the afternoon towards the team's end total. The table (right) shows which team your child will be in this year. Mr Webb has endeavoured to keep the teams as close to previous years as possible whilst balancing numbers in each group and with siblings in the same team for ease of parental/carers support.

It would be great if the children can wear their team colour with normal PE shorts and trainers. Please do not feel that you have to buy anything new—we will have bibs/tags available on the day for those children in plain white t-shirts. We might even have some coloured face paints to apply after lunch ready for the afternoon's events.

Please inform Mrs Allan if your child cannot use face paints.

Blue	Green	Red	Yellow
Owen	Poppy	Ysella	Amy
Red	Charlie	Rory	Ellie K
Bonnie	Leo	Ellie L	Caleb
Dakota	Sylvie	Evie	Louis
James	Freddie	Oliver	
Benjie	Archie	Lottie	Rosie
George P	Eliza	Kayden	William
Jasmine	Flo	Annabelle	George T
Ruby	Teddy	Sennen	Isaac
		Edward	Noah
Katelyn	Alice	Ellie	Libby
Holly	Gwilym	Jago	Emily
Ellis	Belle	Rowan	Bethany
Arthur	Harry		Jonah

Calendar dates: Summer term



## May

28th—Year 1 Hearing test

28th—Last day of term

## June

7th—New term begins

8th(-13th July) - Kiberick Class Bell Dance Academy with Miss Katie

11th—Inset day. School closed

17th—Special Caterlink menu “Eat your veggies day”

22nd—Sports Day practice

23rd—Sports Day. [UPDATED provisional date.](#) More details to follow - see page 2

30th—Kiberick trip—Kerdroya Golden Tree Hedge Project. Letters to follow.

## July

1st—Roseland Academy Welcome Day

1st—Veryan whole school ‘move up day’ more details to follow.

9th—Chance to shine cricket experience day—whole school

13th—Veryan production in the Wild Tribe Field. Provisional date. More details to follow

14th—Kiberick surfing day

21st—Leaver’s celebration

22nd—Vestival. More details to follow

23rd—Last day of term



All clubs will finish at 4:15pm (with the exception of Friyay Club, which takes place during the school day.)

Visit: <https://veryan.schoolcloud.co.uk/> to make your child’s booking.

Monday	Tuesday	Wednesday	Thursday	Friday
Carne— Mindfulness Club  Open to all of Carne  Miss Goodall	Kiberick— Team games  15 pupils max  Mr Webb	No clubs staff meetings	Kiberick— STEAM club  Open to all of Kiberick  Mrs Cartwright	Friyay Club in school time  Open to whole school within bubbles. £1 subs  Year 6 organised
Pendower— Mindfulness Club  Open to all of Pendower  Miss Blayney				



WIN!

Plus... calling all budding, book-loving designers!

This summer, we're asking children everywhere to [create their own dazzling National Book Token designs](#) for a chance to win a £10 gift card – featuring their own artwork – for themselves and everyone in their class. With six weekly winners during May and June, it's time to get creative!

<https://www.nationalbooktokens.com/create-a-national-book->

Fill the library with new books!



A good school library isn't just important for academic achievement. Reading for pleasure also improves children's wellbeing – something our children need now more than ever before.

Our big prize draw is back, giving you the chance to win **£5,000/€5,000 of National Book Tokens for your school's library** – and if your entry is picked, **you'll also get £100/€120 of National Book Tokens to spend on yourself!**

Click below to nominate Veryan School  
<https://www.nationalbooktokens.com/schools>



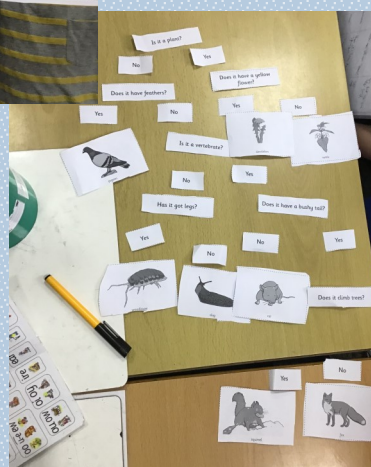
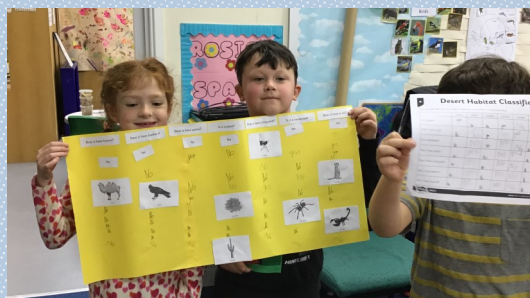
For science week, Pendower learnt how classification grids worked and then created their own to use for animals and habitats.

Every morning before our maths lesson we have had a little maths warm up—using BBC Supermovers

<https://www.bbc.co.uk/teach/supermovers>

We tried out a few to refresh ourselves but mainly focused on the 2 times tables this week. Why not try it out at home?

<https://www.bbc.co.uk/teach/supermovers/times-table-collection/z4vv6v4>



## The Big Ask

This is the largest ever survey of children and young people in England. It is going to be used to show the government what children and young people think, and what they need to live happier lives.

The survey will only take 5-10 minutes. There are 4 sections, one for each of the age ranges, and there is also a link to the adults survey for parents and carers.

Follow the link below to complete the survey:

<https://www.childrenscommissioner.gov.uk/thebigask/>



Active Cornwall is supporting Bike Week encouraging families and communities to get involved by getting out and about during half term on scooters, bikes and trikes.

If you take photos over half term and send them to

[karen.edmond@cornwall.gov.uk](mailto:karen.edmond@cornwall.gov.uk)

You will receive a Cornwall Active Travel pin badge and certificate and the top 3 images will receive a scooter supplied by Micro Scooters!!

(Don't forget to include your postal address to receive your badge and certificate)



Kiberick, in science week, have been learning about water transportation in plants and humans. As part of this we have given the Cornish hedge a bit of a face lift as it has eroded a lot. We have planted succulents, mint and ground spreaders that we feel have been adapted to a playground environment - they will be resilient to the rough and tumble of a playground. If anyone has any cuttings or has done any thinning out of their mother plants etc. we would be glad to have them!

Calling all Veryan pupils!

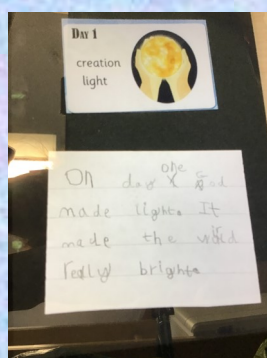
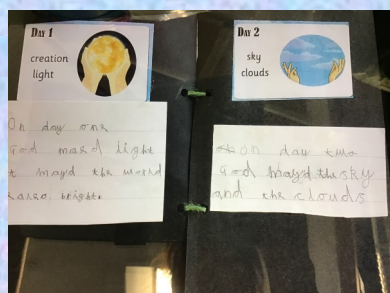
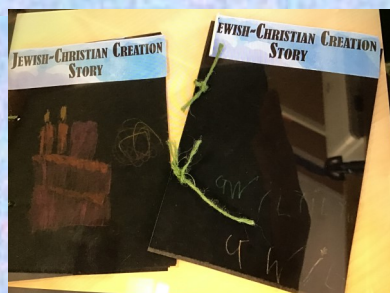
## HALF TERM CHALLENGE

Please decorate a stone to go on our bank—you can paint your name or a picture or positive words that can then be varnished in school and used to help reconstruct our playground bank and create a beautiful shared rockery to be proud of. Bring your decorated stone to school on Monday 7th June—we can't wait to see them!

P.S. Good luck with the Tokyo Challenge—emails sent home to parents via Pupil Asset



Carne Class—some of our recent highlights have been; practising our dance routine with Miss Katie - we hope to be able to perform it at our end of term summer production! We also enjoyed creating habitats as part of our science week investigations and learning about and making our very own books about the creation story in RE.



celtic cross  
education

### VACANCIES

Celtic Cross Education has some exciting new career opportunities. Information about the roles and the application packs can be found on the Celtic Cross Education website by clicking the link below:

<https://www.celticcross.education/vacancies/>

### Free School Meal Vouchers

This half term, all those eligible to receive Free School Meals will again receive supermarket vouchers via email as before.

Please look out for the email and check your junk inboxes from schoolvouchers.com



schoolvouchers



Welcome to Pilgrim Explorers!

Looking for something to do over the half term?

Four new FREE micro pilgrimages are now available.

All the guides and maps are available FREE here:  
[pilgrimexplorers.co.uk](http://pilgrimexplorers.co.uk)  
and on Instagram:

[instagram.com/pilgrim\\_explorers](https://www.instagram.com/pilgrim_explorers)

In RE this week, Kiberick explored some non-religious beliefs and ideas and the class had some very mature, philosophical discussions.

## Non-Religious Beliefs

May 2021

### The Big Bang

Why would this convince someone atheism is correct?

Atheists are right because there was no God at the Big Bang which is proved by scientists.

How could a religious person counter this argument?

Scientists haven't yet proven how the big bang happen but a religious person could say that God pushed the rocks together.

### The Problem of Evil

Why would this convince someone atheism is correct?

Because, there is evil all around. So if god was around there here there would be all around. So as a atheist (who doesn't believe in god) would agree.

How could a religious person counter this argument?

They would argue that god can't do anything. And there's a reason for evil.

### Evolution

Why would this convince someone atheism is correct?

Scientists have proof that the planet animal are still evolving. If there was a god surely god help planet and god would make the world a better place and no evil.

How could a religious person counter this argument?

God is real but he doesn't have the time to fix all the bad things because he is busy. Some people say evolution is false because some people say that god work through evolution also its unproven.

### Where is the Proof?

Why would this convince someone atheism is correct?

There is no proof that God is real.

How could a religious person counter this argument?

There are old stories that say people have seen and heard God. It is faith that matters not proof.



# LITTLE REMINDERS OF HOW TO BE KIND ONLINE

ONLINE ABUSE CAN HAVE A SEVERE IMPACT ON PEOPLE'S LIVES AND IS OFTEN TARGETED AT THE MOST VULNERABLE. CYBERBULLYING HAS BEEN SHOWN TO HAVE PSYCHOLOGICAL AND EMOTIONAL IMPACT. IN ORDER FOR US TO DEVELOP EMPATHY FOR OTHERS WE SOMETIMES NEED TO MOVE AWAY FROM FULFILLING OUR OWN NEEDS AND THINK ABOUT THE NEEDS OF OTHERS. THIS IS SOMETIMES MORE CHALLENGING ONLINE BECAUSE WE CANNOT SEE THE PERSON, CONNECT WITH HOW THEY FEEL NOR INTERACT FACE TO FACE.

THIS GUIDE WILL HELP YOU TO BE MORE CAREFUL ONLINE AND IS SUITABLE FOR ANY ENVIRONMENT I.E. GAMING, MESSAGING AND SOCIAL MEDIA. IT WILL HELP YOU TO UNDERSTAND THE IMPORTANCE OF SHOWING KINDNESS AND HOW TO DEVELOP EMPATHY ONLINE.

## TOP TIPS FOR EVERYBODY

## #WAKEUPWEDNESDAY

### UNDERSTAND WHAT 'EMPATHY' IS

EMPATHY IS THE SKILL OF RECOGNISING, UNDERSTANDING AND CARING ABOUT ANOTHER PERSON'S FEELINGS AND TAKING ACTION TO HELP. THIS IS TRICKIER ONLINE BECAUSE RECOGNISING AND IMAGINING HOW ANOTHER PERSON FEELS IS HARD WHEN WE ARE NOT WITH THEM FACE TO FACE. WHEN WE TRY AND UNDERSTAND HOW SOMEONE FEELS THROUGH WORDS ALONE, IT CAN LEAD TO CONFUSION OR A MISUNDERSTANDING.



### FEEL, SEE AND UNDERSTAND

IF WE IMAGINE OURSELVES IN THE SITUATION OF ANOTHER PERSON, WE TAKE ANOTHER STEP DOWN THE PATH OF EMPATHY. IT DOESN'T MEAN AGREEING WITH THE OTHER PERSON, BUT IT MEANS UNDERSTANDING HOW THEY FEEL. IF YOU FEEL YOURSELF BECOMING DETACHED AND UNCARING, PERHAPS DEVELOP A MENTAL PICTURE OF THEM, SO YOU CAN IMAGINE THEM AS REAL PERSON AND NOT JUST A BUNCH OF WORDS. IF YOU KNOW THE PERSON, CONSIDER A VIDEO CHAT OR VIDEO CALL.

### # DEVELOP SELF EMPATHY

ALTHOUGH WE TEND TO SHOW THE BEST OF OUR LIVES THROUGH SOCIAL MEDIA, THE REALITY IS WE ARE NOT ALL PERFECT. HAVING EMPATHY FOR OTHERS MEANS WE NEED TO ALSO HAVE SELF EMPATHY. IF WE UNDERSTAND THAT WE ARE NOT ALL PERFECT, INCLUDING OURSELVES, WE CAN FIND KINDNESS.



### ★ OFFER HELP ★

ACCORDING TO DR DAN SEIGEL, A CLINICAL PROFESSOR OF PSYCHIATRY, BEING KIND IS REALLY ABOUT RESPECTING EACH OTHER'S VULNERABILITY AND WANTING TO HELP. SO, WHEN SOMEONE IS SHARING THAT THEY ARE STRUGGLING OR FINDING LIFE HARD, OFFER HELP, EVEN IF THE HELP IS A LISTENING EAR OR SAYING, 'I CAN UNDERSTAND YOU WOULD FEEL THAT WAY, I'M HERE FOR YOU'.



### TRY TO ADD VALUE

CONSIDER, BEFORE YOU COMMENT ON A POST OR IMAGE, HOW CAN I HELP THIS PERSON TO LOWER THEIR SADNESS? HOW CAN I ADD SOMETHING TO IMPROVE THEIR DISTRESS AND HAPPINESS? SHOWING OTHER PEOPLE'S PAIN AS ENTERTAINMENT AS A WAY TO GET NOTICED OR MORE LIKES DOES NOT ADD VALUE.



### BE RESPONSIBLE

THINK TWICE BEFORE YOU ACT. CONSIDER, ARE YOU ACTING ON ANGER, FRUSTRATION OR IN A MOMENT OF JUDGING A SITUATION WITHOUT KNOWING THE TRUTH? ONLINE, IT IS EASY NOT TO HAVE ALL THE FACTS AND REACT TO A SITUATION WHICH IS BEING PORTRAYED.



UNDERSTAND THE IMPACT OF YOUR ACTIONS WORDS  
COMMENTING ONLINE SOMETIMES MEANS THAT WE DON'T ACTUALLY 'SEE' THE IMPACT OF OUR COMMENTS AND WORDS. THIS MEANS IT CAN BE EASIER TO DETACH FROM THE CONSEQUENCES OF OUR ACTIONS. UNKIND COMMENTS DO HAVE CONSEQUENCES AND CAN ADD TO SOMEONE'S DISTRESS AND FEELING ABOUT THEMSELVES.



### DISASSOCIATE FROM PACK MENTALITY

ONLINE, IT IS EASY TO GET CAUGHT UP WITH POSTING NEGATIVE COMMENTS BECAUSE EVERYONE ELSE SEEMS TO BE. GET COMFORTABLE WITH STANDING OUT, AND NOT GETTING CAUGHT UP POSTING NEGATIVELY BECAUSE EVERYONE ELSE IS. EVEN IF THIS MEANS STANDING ALONE AND REMINDING OTHER PEOPLE THAT THEIR BEHAVIOUR IS UNKIND, YOUR COURAGE COULD SAVE A LIFE.

## #BEKIND



National  
Online  
Safety®

#WAKEUPWEDNESDAY

### MEET OUR EXPERT

THIS GUIDE HAS BEEN WRITTEN BY ANNA BATEMAN. ANNA IS PASSIONATE ABOUT PLACING PREVENTION AT THE HEART OF EVERY SCHOOL, INTEGRATING MENTAL WELLBEING WITHIN THE CURRICULUM, SCHOOL CULTURE AND SYSTEMS. SHE IS ALSO A MEMBER OF THE ADVISORY GROUP FOR THE DEPARTMENT FOR EDUCATION, ADVISING THEM ON THEIR MENTAL HEALTH GREEN PAPER.



For further info, check out these online resources too

<https://www.themix.org.uk/>

<https://youngminds.org.uk/>

<https://www.mind.org.uk/>

www.nationalonlinesafety.com Twitter - @natonlinesafety Facebook - /NationalOnlineSafety Instagram - @nationalonlinesafety

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